

Cancer Support Groups by County

Cancer Care Coalition

The Cancer Care Coalition has been formed to help cancer patients and family members maintain and enhance quality of life during and after diagnosis and treatment.

The Coalition includes:

- Cancer Services, Inc.
- Comprehensive Cancer Center of Wake Forest Baptist Medical Center
- Wake Forest School of Medicine, including Cancer Outreach Education, Cancer Patient Support Program
- Oncology Recreation Therapy
- Forsyth County Health Department
- Forsyth Regional Cancer Center/Forsyth Memorial Hospital/CMI
- Hospice of Winston-Salem/Forsyth County
- Human Service Alliance

The Cancer Care Coalition has compiled the following list of support groups and programs for individuals, families and/or caregivers going through a cancer experience. This list is a resources and does not imply endorsement of the programs. Please call the numbers listed for meeting times and places.

CATAWBA COUNTY

Hearts of Hope

Breast cancer support
Catawba Memorial Hospital
828-326-2176
Contact: Brenda Putnam

Can Surmount

Any cancer survivor, family & friends
American Cancer Society/Catawba Memorial Hospital
828-326-2176

New Voice Club of the Unifour

Laryngectomy Survivors/American Cancer Society
704-872-0660

Phone Pals

Phone support for the newly diagnosed
Catawba Memorial Hospital
828-326-2175

Us Too!

Prostate cancer survivors and family
828-466-0064

DAVIDSON COUNTY

Friends for Life

Breast Cancer Support Group
Davidson County Cancer Service
336-249-7265
Contact: Sarah Williamson

Look Good Feel Better

Appearance consultation for women
American Cancer Society
800-227-2345

Reach to Recovery

Breast cancer program
American Cancer Society
800-227-2345

Share

Sharing hope and recovery efforts
Davidson County Cancer Service
336-249-7265
Contact: Sarah Williamson

DAVIE COUNTY

Look Good Feel Better

Appearance consultation for women
American Cancer Society
800-227-2345

Pink Broomstick® Visitation Program

Breast cancer peer visitation program
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Reach to Recovery

Breast cancer program
American Cancer Society
800-227-2345

FORSYTH COUNTY

Atrium Health Wake Forest Baptist

<https://www.wakehealth.edu/locations/facilities/comprehensive-cancer-center/cancer-patient-support-program>

336-713-6954

- **Individual Counseling Sessions**
- **Virtual Wellness/Support Groups**
 - ✓ Surviving Cancer: Men's & Women's Wellness Groups
 - ✓ Finding Life after Loss: Partner Support Group
 - ✓ Caregiver Support Group
 - ✓ Survivorship Book Club Luncheon
 - ✓ Metastatic Breast Cancer Group
- **Healing Arts Therapy Clinic**

Caregivers Support Group Hospice/BestHealth

336-768-3972

Caregiver Support Group for All Illnesses The Shepherd's Center

336-748-0217

Clemmons Support Group Clemmons Methodist Church

336-766-6512

CLIMB Program for Families

A monthly group for families with a parent or primary caregiver with cancer
Cancer Services, Inc.

336-760-9983 or 800-228-7421

Family Support Group

For adults with leukemia, multiple myeloma, Hodgkin's Disease and lymphoma
Forsyth Regional Cancer Center

336-718-8577 or 866-611-FRCC (3722)

Gynecologic Support Group Cancer Services, Inc.

336-760-9983 or 800-228-7421

Healing Hands Programs

Massage, Healing Touch, Reiki, Reflexology and Spa Day
Cancer Services, Inc.

336-760-9983 or 800-228-7421

I Can Cope

Series of 2-hour classes about cancer, treatment, research and emotions
American Cancer Society

www.cancer.org/icancope

Living with Cancer

General Cancer support group
St. Paul's Episcopal Church
336-723-4391

Living Well Beyond Cancer

A group to educate and support survivors in a healthy lifestyle after cancer
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Look Good Feel Better

Appearance consultation for women
American Cancer Society
800-227-2345

Lung Group Cancer Services, Inc.

336-760-9983 or 800-228-7421

Metastatic & Recurrent Cancer Wellness Group

For survivors who are experiencing metastatic or recurrent cancer
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Multiple Myeloma Support Group of Winston-Salem NC

Multiple Myeloma Support Group of Winston-Salem meets every 4th Wednesday starting at 11:30am. If you have questions, contact John & Carol Singletary at wsmyelogroup@gmail.com.

Website: winstonsalem.support.myeloma.org

My Life With Cancer

A 6-week program designed to help manage the 1st year of the cancer journey
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Nutrition During Treatment

A class to learn what you or your loved one should be eating during treatment; taught by a certified specialist in oncology nutrition and Registered Dietitian

Cancer Services, Inc.
336-760-9983 or 800-228-7421

Pink Broomstick® Breast Cancer Wellness Group

Breast cancer survivors group
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Pink Broomstick® Program

Breast cancer peer program
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Survive & Thrive After Treatment Course

To help all types of survivors answer the “What’s Next?” question they often face after finishing active treatment
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Us Too!

Prostate cancer survivors and family
Forsyth Regional Cancer Center
336-718-8577 or 866-611-FRCC (3722)

WellBeauty Class

Skin care and make-up tips from a licensed esthetician and scarf tying from a survivor
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Western Piedmont Speak Easy

For laryngectomy patients and family members
336-768-7626 for Nancy Reynolds
704-640-3210 for Bruce Sherrill

Visit us on Facebook.

Website: www.westernpiedmontspeakeasy.org

Writing for Wellness

For all types of survivors, come to stretch your writing muscles.
Cancer Services, Inc.
336-760-9983 or 800-228-7421

IREDELL COUNTY

Living With Cancer

Cancer survivors, their families and supports

Iredell Memorial Hospital

Contact: Tom Sherrod, Chaplain

704-873-5661 ext. 3414

Look Good Feel Better

Appearance consultation for women

Iredell Memorial Hospital

800-227-2345

Reach to Recovery

Breast cancer program

American Cancer Society

800-227-2345

SHARE—Sharing Hope and Recovery Efforts

Support for patients, families and friends

Davis Regional Medical Center

Contact: Delore Speilman, Chaplain

704-838-7299

STOKES COUNTY

Pink Broomstick® Program

Breast cancer peer program

Cancer Services, Inc.

336-760-9983 or 1-800-228-7421

SURRY COUNTY

Heart & Soul

All cancers

Hugh Chatham Memorial Hospital

336-874-4519

Contact: David McCann

Look Good Feel Better

Appearance consultation for women

American Cancer Society

800-227-2345

WILKES COUNTY

Cancer Support Group

All cancers

Wilkes County Health Department

336-651-7450

Contact: Dianne Combs

Keeping in Touch

Contact: Ann Walker, 336-696-5400

Contact: Marjorie Caudill, 336-696-2013

YADKIN COUNTY

Look Good Feel Better

Appearance consultation for women

American Cancer Society

800-227-2345

Pink Broomstick® Program

Breast cancer peer program

Cancer Services, Inc.

336-760-9983 or 800-228-7421

Survive & Thrive Socials

Meets periodically, for people with any cancer

Cancer Services, Inc.

336-760-9983 or 800-228-7421