

# **Cancer Support Groups by County**

## **Cancer Care Coalition**

The Cancer Care Coalition has been formed to help cancer patients and family members maintain and enhance quality of life during and after diagnosis and treatment.

The Coalition includes:

- Cancer Services, Inc.
- Comprehensive Cancer Center of Wake Forest Baptist Medical Center
- Wake Forest School of Medicine, including Cancer Outreach Education, Cancer Patient Support Program
- Oncology Recreation Therapy
- Forsyth County Health Department
- Forsyth Regional Cancer Center/Forsyth Memorial Hospital/CMI
- Hospice of Winston-Salem/Forsyth County
- Human Service Alliance

The Cancer Care Coalition has compiled the following list of support groups and programs for individuals, families and/or caregivers going through a cancer experience. This list is a resources and does not imply endorsement of the programs. Please call the numbers listed for meeting times and places.

## **CATAWBA COUNTY**

### **Hearts of Hope**

Breast cancer support  
Catawba Memorial Hospital  
828-326-2176  
*Contact:* Brenda Putnam

### **Can Surmount**

Any cancer survivor, family & friends  
American Cancer Society/Catawba Memorial Hospital  
828-326-2176

### **New Voice Club of the Unifour**

Laryngectomy Survivors/American Cancer Society  
704-872-0660

### **Phone Pals**

Phone support for the newly diagnosed  
Catawba Memorial Hospital  
828-326-2175

**Us Too!**

Prostate cancer survivors and family  
828-466-0064

**DAVIDSON COUNTY****Friends for Life**

Breast Cancer Support Group  
Davidson County Cancer Service  
336-249-7265  
*Contact:* Sarah Williamson

**Look Good Feel Better**

Appearance consultation for women  
American Cancer Society  
800-227-2345

**Reach to Recovery**

Breast cancer program  
American Cancer Society  
800-227-2345

**Share**

Sharing hope and recovery efforts  
Davidson County Cancer Service  
336-249-7265  
*Contact:* Sarah Williamson

**DAVIE COUNTY****Look Good Feel Better**

Appearance consultation for women  
American Cancer Society  
800-227-2345

**Pink Broomstick® Visitation Program**

Breast cancer peer visitation program  
Cancer Services, Inc.  
336-760-9983 or 800-228-7421

**Reach to Recovery**

Breast cancer program  
American Cancer Society  
800-227-2345

**FORSYTH COUNTY****Active Treatment**

Wake Forest Baptist Medical Center/[Cancer Patient Support Program](#)  
336-713-6954

**Coffee & Conversation for Caregivers**

For caregivers  
Wake Forest Baptist Medical Center/[Cancer Patient Support Program](#)  
336-713-6954

**Caregivers Support Group Hospice/BestHealth**

336-768-3972

**Caregiver Support Group for All Illnesses The Shepherd's Center**

336-748-0217

**Clemmons Support Group Clemmons Methodist Church**

336-766-6512

**CLIMB Program for Families**

A monthly group for families with a parent or primary caregiver with cancer  
Cancer Services, Inc.  
336-760-9983 or 800-228-7421

**Redefining Survival: Women Facing Breast Cancer Together**

6-week program  
Wake Forest Baptist Medical Center/[Cancer Patient Support Program](#)  
336-716-7980

**Family Support Group**

For adults with leukemia, multiple myeloma, Hodgkin's Disease and lymphoma  
Forsyth Regional Cancer Center  
336-718-8577 or 866-611-FRCC (3722)

**Gynecologic Support Group Cancer Services, Inc.**

336-760-9983 or 800-228-7421

**Healing Hands Programs**

Massage, Healing Touch, Reiki, Reflexology and Spa Day  
Cancer Services, Inc.

336-760-9983 or 800-228-7421

**I Can Cope**

Series of 2-hour classes about cancer, treatment, research and emotions  
American Cancer Society

[www.cancer.org/icancope](http://www.cancer.org/icancope)

**Living with Cancer**

General Cancer support group  
St. Paul's Episcopal Church

336-723-4391

**Living Well Beyond Cancer**

A group to educate and support survivors in a healthy lifestyle after cancer  
Cancer Services, Inc.

336-760-9983 or 800-228-7421

**Look Good Feel Better**

Appearance consultation for women  
American Cancer Society

800-227-2345

**Lung Group Cancer Services, Inc.**

336-760-9983 or 800-228-7421

**Metastatic & Recurrent Cancer Wellness Group**

For survivors who are experiencing metastatic or recurrent cancer  
Cancer Services, Inc.

336-760-9983 or 800-228-7421

**My Life With Cancer**

A 6-week program designed to help manage the 1st year of the cancer journey  
Cancer Services, Inc.

336-760-9983 or 800-228-7421

### **Nutrition During Treatment**

A class to learn what you or your loved one should be eating during treatment; taught by a certified specialist in oncology nutrition and Registered Dietitian

Cancer Services, Inc.  
336-760-9983 or 800-228-7421

### **Pink Broomstick® Breast Cancer Wellness Group**

Breast cancer survivors group

Cancer Services, Inc.  
336-760-9983 or 800-228-7421

### **Pink Broomstick® Program**

Breast cancer peer program

Cancer Services, Inc.  
336-760-9983 or 800-228-7421

### **Survive & Thrive After Treatment Course**

To help all types of survivors answer the “What’s Next?” question they often face after finishing active treatment

Cancer Services, Inc.  
336-760-9983 or 800-228-7421

### **Us Too!**

Prostate cancer survivors and family

Forsyth Regional Cancer Center  
336-718-8577 or 866-611-FRCC (3722)

### **WellBeauty Class**

Skin care and make-up tips from a licensed esthetician and scarf tying from a survivor

Cancer Services, Inc.  
336-760-9983 or 800-228-7421

### **Western Piedmont Speak Easy**

For laryngectomy patients and family members

336-768-7626 for Nancy Reynolds  
704-640-3210 for Bruce Sherrill

Visit us on Facebook.

Website: [www.westernpiedmontspeakeasy.org](http://www.westernpiedmontspeakeasy.org)

### **Writing for Wellness**

For all types of survivors, come to stretch your writing muscles.  
Cancer Services, Inc.  
336-760-9983 or 800-228-7421

## **IREDELL COUNTY**

### **Living With Cancer**

Cancer survivors, their families and supports  
Iredell Memorial Hospital  
*Contact:* Tom Sherrod, Chaplain  
704-873-5661 ext. 3414

### **Look Good Feel Better**

Appearance consultation for women  
Iredell Memorial Hospital  
800-227-2345

### **Reach to Recovery**

Breast cancer program  
American Cancer Society  
800-227-2345

### **SHARE—Sharing Hope and Recovery Efforts**

Support for patients, families and friends  
Davis Regional Medical Center  
*Contact:* Delore Speilman, Chaplain  
704-838-7299

## **STOKES COUNTY**

### **Pink Broomstick® Program**

Breast cancer peer program  
Cancer Services, Inc.  
336-760-9983 or 1-800-228-7421

## **SURRY COUNTY**

### **Heart & Soul**

All cancers

Hugh Chatham Memorial Hospital

336-874-4519

*Contact:* David McCann

### **Look Good Feel Better**

Appearance consultation for women

American Cancer Society

800-227-2345

## **WILKES COUNTY**

### **Cancer Support Group**

All cancers

Wilkes County Health Department

336-651-7450

*Contact:* Dianne Combs

### **Keeping in Touch**

*Contact:* Ann Walker, 336-696-5400

*Contact:* Marjorie Caudill, 336-696-2013

## **YADKIN COUNTY**

### **Look Good Feel Better**

Appearance consultation for women

American Cancer Society

800-227-2345

### **Pink Broomstick® Program**

Breast cancer peer program

Cancer Services, Inc.

336-760-9983 or 800-228-7421

**Survive & Thrive Socials**

Meets periodically, for people with any cancer

Cancer Services, Inc.

336-760-9983 or 800-228-7421