

# Resilience

## Newsletter



Psychosocial Oncology & Cancer Patient Support Programs

Spring 2025



As we inch towards spring and its perennial growth, we invite you to spend a few minutes learning about all that the Cancer Patient Support and Psychosocial Oncology Programs have undertaken this season. With deep roots itself, our program has entered its 45th year, representing incredible growth, adaptation and agility to meet the needs of our blooming catchment area. Our steadfast focus remains on the psychosocial considerations within lived illness experiences. Human narratives by no means start when a health status change occurs. Individuals bring complex and diverse experiences, beliefs and hopes into cancer care and cope in unique, learned ways. Our work recognizes this diversity and the importance of attending to emotional wellbeing throughout survivorship to support quality of life. We continue to prioritize access to our individual, dyadic and family systems work, ensuring that those referred to our services receive the care they need as seamlessly as possible. The quality of the care is exceptional and increasingly specialized. We offer specialty services related to adjustment concerns to diagnoses, sexual health, and trauma. For some, verbal expression is a preferred modality of exploration. For others, arts-based creative work or group connections may be more natural. We embrace the unique preferences for insight and growth embodied by our patients and are so grateful to be a part of their journeys.

So much of our work is supported by the generous support of our community members who embrace our programmatic mission. Through this, not only are we able to ensure that all individuals are able to receive integrated behavioral health care services regardless of circumstance but also are able to offer financial assistance for those who are struggling with needs of daily living. By reducing financial distress and facilitating access to funds that may ease bills related to prescriptions or transportation, we also improve quality of life. What an honor it is to perform work that facilitates healthy living and quality of life. We are so proud to be a part of a community that supports these shared foci.

We look forward to seeing you at *Summerlark*, where Old Crow Medicine Show will undoubtedly provide fantastic entertainment on a lovely May evening in Bailey Park. By supporting this event, you are supporting our program's ability to reach more individuals. Also, as we celebrate our 45<sup>th</sup> birthday in 2025, I invite you to look at some photos of our programmatic growth and celebrations over the last years. Thank you for spending some time learning about all that we are doing this spring and beyond.

Warmest regards,  
**Katie E. Duckworth, PhD, PhD, LCMHC**  
Director, POP/CPSP

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Happy 45<sup>th</sup>  
Birthday,  
CPSP!



## 2025 SummerLark: Olde Crow Medicine Show

Save the date for this year's Summerlark concert featuring the Olde Crow Medicine Show on **Saturday, May 10, 2025 at Bailey Park in downtown Winston-Salem!** The concert will be opened by Big Daddy Love and will include food trucks, a free photo booth, and a lively outdoor atmosphere. Tickets can be purchased through [Ticketmaster](#).

SummerLark is the Cancer Patient Support Program's annual fundraiser, supporting approximately half of the program's annual operating budget. The Cancer Patient Support Program (CPSP) is comprised of licensed mental health professionals who provide supportive therapy for patients and their family members, teach coping skills, and develop, implement, and evaluate integrative programming including support groups and educational presentations for the broader community. CPSP reduces stigma and makes mental health for cancer patients and their family members affordable and accessible.

Proceeds from SummerLark help pay for individual/couples counseling, sexual wellbeing therapy, support groups, art therapy, tai chi, yoga, massage, and compensation for visiting musicians who perform for patients receiving chemotherapy treatments at the Comprehensive Cancer Center of Atrium Health Wake Forest Baptist.

SummerLark was modeled after the popular Winterlark gala (1983-2020) and rebranded as a family-friendly outdoor event in 2022. It has featured local and national artists including Aloe Blacc (2022), Chris Lane (2023), and Barenaked Ladies (2024).

**Allegacy Federal Credit Union** is once again this year's presenting sponsor. Chairs of the Summerlark organizational committee include Brian Vannoy, Senior Executive Vice President/Chief Revenue Officer of Allegacy Federal Credit Union and Quintin Williams, Chief Operating Officer for Debbie's Staffing and a member of the Greater Winston Salem Inc. Board of Directors.

We invite you to join us at SummerLark this year! Alternatively, please consider supporting CPSP more directly: donations can be made [here](#) or by scanning the QR code below:



*Thank you for supporting us!*

Emily LaFontaine, MSW, LCSWA

Please see p. 12 for more information about **Summerlark!**

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## Volunteer Spotlight

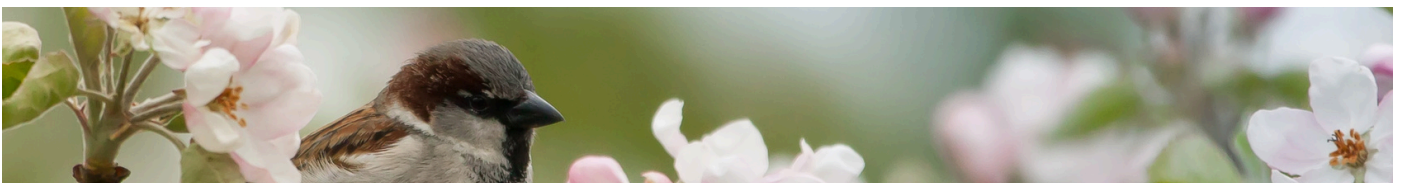
On any given Wednesday afternoon, you'll likely hear laughter emerging from the CPSP hospitality room on the 3rd floor of the Cancer Center. If curiosity gets the better of you, you might walk in to find CPSP volunteers **Sandie Jackson and Lorna Myers**, donning matching Cancer Awareness t-shirts and preparing the hospitality cart to carry drinks and snacks to patients throughout the clinics. These two friends met 8 years ago through their two sons of the same age. They started going to the YMCA together, and after a spontaneous trip together to NYC they knew they were going to be good friends. "We got each other through COVID," and the daily 3 mile walks/talks that started during that challenging time continue to this day.

Lorna was the first person that Sandie told about her cancer diagnosis in January 2023, and Lorna's immediate response to her was "what do we have to do to get through this?" Lorna accompanied Sandie to some of her visits, was a steadfast friend, and was present the day she rang the bell to celebrate treatment completion. Sandie recalls being anxious as she navigated the new world she had been thrust into, finding her way to appointments and through surgery, chemotherapy and radiation treatments over the next year. After completing her treatment, she knew that she wanted to be an ambassador in some way to help others. She connected with Volunteer Services at the hospital, not thinking she would be in the Cancer Center, but as fate would have it, there she landed. Sandie reached out to Lorna and invited her to come and volunteer, and this dynamic volunteer duo was born.

"I want to give back, and to try and help someone who may be feeling anxious like I was," shared Sandie. Every Wednesday, they bring their smiles and energy (and often some special snacks) and move through the clinics with ease, kindness and encouragement. Sandie shared feeling very fortunate that someone came with her for every visit and wants everyone to know that they have someone to talk to if they need it. "I didn't know I would enjoy it as much as I do," shared Lorna, affirming that she always feels like she has gotten more back than she has given through volunteering. And she and Sandie have a lot of fun in the process. One patient laughed and said, "you are like flight attendants – one on each end of the cart." As he left his appointment later that day, he bid them a fond "fly safe!"

CPSP is ever grateful to our volunteers that work to make every day in the Cancer Center a little less bumpy for patients and their families.

**Holly Hallman, LCSW**



# Healing Arts Clinic Update

## Coming Together Initiatives:

The newest *Coming Together* initiatives where patients and caregivers can share their individual and collective journeys through survivorship and connect with others include the Hexagons for Hope Journal and The Community Story Loom.

The Hexagons for Hope project and journal symbolize community, connection, and hope. Stories can be expressed using shapes, colors, words, and symbols on hexagons throughout the journal. This is the first of many Hexagons for Hope journals to come and can be found in the waiting area on the 3rd floor of the Cancer Center.



The Community Story Loom is for hospitalized patients and their accompanying caregivers as a helpful way to connect with others. Individuals are invited to write a meaningful word, reflection, or prayer on a strip of fabric and weave it into the loom. This loom reminds us that our stories woven together make something beautiful! The loom is located on the 7th floor Wellness & Activity Room in the Cancer Center.

**CPSP Healing Art Kits** include art materials, easy-to-follow instructions, and a therapeutic resource that fosters emotional exploration and self-reflection. There are six different kits individuals can choose from including: The Holding Box, Piece by Piece, Grounding Anchors, Story Collage, Prayer Loom, and Journal Kit. These are available to patients in the 4<sup>th</sup> floor Supportive Care Clinic, 3rd Floor Hospitality Room, and 7th Floor Wellness & Activity Room.

**Art & Conversate** is offered on Wednesdays, 9:30-11am in the 7th floor Wellness & Activity Room of the Cancer Center for individuals during their hospital admission. General topics explored while making art together have included: finding meaning in personal experience, creating mindful anchors, connecting through compassion and creativity, managing provider stress through wellness.

**Open Art Therapy Studio** is offered on Fridays, 1:00-2:30pm in the 3rd Floor Hospitality Room for patients and caregivers to explore personal experience and meaning making through art and supportive conversation. No art experience necessary, art materials are provided.

**Individual Art Therapy** referrals can be made for inpatient and outpatient support for individuals to Psychosocial Oncology, WF PSYCH ONC CCC and comment "Art Therapy". For questions, contact Erica Fox at [efox@wakehealth.edu](mailto:efox@wakehealth.edu)

**Erica Fox, LCMHC-QS, ACS, NCC, ATR-BC**



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## New Nurse Navigator

### Meet Jennifer Holstein: The New Leukemia & Multiple Myeloma Oncology Nurse Navigator



The Cancer Patient Support Program is excited to highlight Jennifer Holstein, who recently joined Atrium Health Wake Forest Baptist Comprehensive Cancer Center as the Leukemia and Multiple Myeloma Oncology Nurse Navigator. While Jennifer is new to Wake Forest, she brings years of oncology experience from Duke Cancer Institute, where she dedicated her career to supporting patients through complex diagnoses and treatments.

Jennifer shares that she has been eagerly orienting to her new role and finds Wake Forest to be well-resourced in supportive oncology services. As a nurse navigator, she is responsible for meeting all newly diagnosed leukemia and multiple myeloma patients in clinic, ensuring they have a trusted point of contact throughout their cancer journey.

#### A Passion for Patient Support

Jennifer's favorite part of her job is being a consistent, dependable liaison for patients and their care teams. She values the opportunity to improve health literacy, helping patients understand complex medical information, clarify jargon, and navigate their treatment plans with confidence.



To better support patients, Jennifer has been actively attending initial consults in clinic. She finds that observing these conversations firsthand allows her to anticipate patient concerns and provide more informed responses when they follow up in the days and weeks after their diagnosis. She is committed to bridging gaps in communication, enhancing trust in the healthcare system, and addressing barriers to care that patients may face.

#### A Personal Journey to Wake Forest

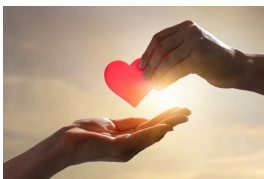
Originally from north of Sydney, Australia, Jennifer made a big life change when she moved to North Carolina in 2014. She was recently married, and she and her husband enjoy life with their four playful cats. In her free time, Jennifer enjoys playing pickleball and attending home prayer meetings, a gathering for their spiritual community.

#### Looking Ahead

Jennifer is excited to deepen her integration within the broader cancer center team, ensuring smooth referrals and resource connections for patients. She anticipates close collaboration with the Cancer Patient Support Program to address psychosocial concerns and provide timely referrals for acute mental health support as patients adjust to their diagnosis and treatment.

Please join us in welcoming Jennifer to Wake Forest Baptist! Her passion, experience, and commitment to patient-centered care make her a valuable addition to the oncology team.

**Caleb David Evington, LCSW**



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# Supporting Intimacy: An Update on the Sexual Wellbeing Clinic

## Rekindling Desire | Enhancing Intimacy | Improving Communication | Adapting to Physiological Changes

Sexual wellbeing is a fundamental part of overall health, yet it is often overlooked in cancer care. Treatments such as surgery, chemotherapy, radiation, and hormone therapy can lead to changes in sexual desire, discomfort during intimacy, fatigue, body image concerns, and relationship challenges. Despite these common experiences, many patients and providers may feel uncertain about how to address them. That's where the Sexual Wellbeing Clinic comes in.

### A Secure Space for Patients and Partners

Launched in December 2024, the Sexual Wellbeing Clinic was created to provide a dedicated space for individuals and couples to explore concerns about intimacy, connection, and self-confidence during and after cancer treatment. Located on the 3rd floor of the Comprehensive Cancer Center within the Cancer Patient Support Program, our no fee for service clinic offers, confidential support designed to help patients and their partners navigate these deeply personal aspects of their experience.

Common areas we address include adapting to or ameliorating concerns around:

- Changes in sexual desire and intimacy
- Pain, discomfort, vaginal dryness, erectile dysfunction, or fatigue
- Body image concerns following treatment or surgery
- Emotional distance or communication challenges with a partner
- Anxiety, depression, or fear affecting closeness

Each consultation is tailored to the needs of the individual or couple, creating a judgment-free space where patients can move at their own pace. Depending on your individual plan, we may refer and work alongside urology, urogynecology, reproductive endocrinology, and/or physical therapy to ensure a well-rounded approach to your care.

### Steady Growth and Positive Feedback

Since our launch, we have received a steady flow of referrals, demonstrating the need for this type of support. We have partnered with patients from the breast cancer, genitourinary, gastrointestinal, neuro-oncology, and thoracic clinics, helping individuals across different cancer types regain confidence and connection. The response has been overwhelmingly positive. Patients have expressed relief and gratitude for having a space to discuss these concerns—many for the first time. This clinic is filling a critical gap in cancer care, ensuring that sexual wellbeing is recognized as an essential part of overall health and recovery.

### Looking Ahead: Expansion and Future Directions

As we continue to build this clinic, we are exploring ways to expand and scale our services, ensuring that even more patients and their partners have access to comprehensive support and a network of sexual medicine providers as well. We encourage healthcare providers to consider this resource for their patients and to reach out if they'd like to discuss how we can collaborate to better serve the needs of individuals navigating cancer treatment and survivorship.

### How to Get Started

Patients can be referred by their doctor, nurse, or care team, or they can self-refer by contacting us directly. Once a referral is received, we aim to reach out within a week to screen the referral and discuss scheduling.

📍 Location: Comprehensive Cancer Center, 3rd Floor – CPSP

☎ Phone: (336) 713-6954

✉ Email: [cevington@wakehealth.edu](mailto:cevington@wakehealth.edu)

### Caleb David Evington, LCSW

Sex and Relationship Therapy

Consultation & Training from Modern Sex Therapy Institutes



## LGBTQ+ Support Group Update

### LGBTQ+ Cancer Support Group through the Cancer Patient Support Program



Join our virtual LGBTQ+ Cancer Support Group, a safe and inclusive space where individuals with cancer can connect, share experiences, and build community.

Whether you are newly diagnosed or navigating treatment, our group is here to provide emotional support, resources, and a sense of community.

We recognize the unique challenges that LGBTQ+ individuals may encounter during their journey, and our hope is to offer a safe and empowering environment where you can express yourself openly.

Together, we'll find strength, encouragement, and solidarity, as we share experiences, uplift one another, and share space where everyone is honored and valued.

Scan to register!



Lindsay Seigenthaler LCMHC  
lseigant@wakehealth.edu  
336-716-1893

The Cancer Patient Support Program is excited to offer a new support group for our patients. We are pleased to introduce an LGBTQ+ Cancer Patient Support Group. Below is a conversation with group facilitator/CPSP team member, **Lindsay Seigenthaler, MEd, LCMHC**.

#### What prompted your idea to establish this support group within the cancer center?

The idea to establish an LGBTQ+ support group within the cancer center was prompted by the recognition of a significant gap in care and resources for LGBTQ+ cancer patients. Many individuals within this community face unique challenges that are often overlooked in traditional cancer care settings, such as concerns about navigating the healthcare system, lack of understanding from healthcare providers, or the absence of a safe and supportive environment to discuss their experiences. The goal is to create a space where LGBTQ+ patients can find understanding, share in their experiences, and receive tailored support from peers who have similar journeys. By establishing this group, the aim is to foster an inclusive, empathetic environment where cancer patients from the LGBTQ+ community can feel seen, heard, and supported in both their health journey and emotional well-being.

#### Why is tailored support for LGBTQ+ individuals within the context of cancer important?

Cancer is a challenging journey for anyone, yet LGBTQ+ individuals often face unique and compounded obstacles that make specialized support critically important. The intersectionality of sexual orientation, gender identity, and healthcare creates a complex landscape of medical, emotional, and social challenges that require thoughtful, compassionate, and intentional approaches. LGBTQ+ patients may experience discrimination, societal rejection, or lack of social support, which can be amplified during a cancer diagnosis. Additionally, LGBTQ+ patients may encounter barriers in accessing appropriate or affirming care, as healthcare providers might not always be equipped to address concerns related to sexual orientation or gender identities.

By offering a support group specifically designed for LGBTQ+ cancer patients, we can help reduce feelings of isolation, foster a sense of community, and ensure LGBTQ+ individuals can face their cancer journey with dignity and confidence, knowing their identities and experiences are respected and understood.

#### What unique challenges do LGBTQ+ individuals with cancer face that this group seeks to address?

LGBTQ+ individuals with cancer face a range of unique challenges that this support group aims to address. One significant challenge is the potential for discrimination or bias within healthcare settings, which can discourage LGBTQ+ patients from seeking care or sharing important information about their health. Many LGBTQ+ individuals also experience feelings of isolation, as they may not feel understood or supported by family, friends, or even healthcare providers due to their sexual orientation or gender identity.

For transgender and non-binary individuals, cancer treatment may present additional concerns, such as how treatments like hormone therapy or surgery can impact their gender identity or body image. These patients may also struggle to find healthcare professionals who are knowledgeable and sensitive to their specific needs.

Furthermore, the lack of LGBTQ+ representation in traditional cancer support groups can leave individuals feeling more disconnected or overlooked. By providing this tailored support, we hope to reduce isolation, empower patients, and ensure that every individual feels seen, heard, and respected in their cancer journey.

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**What do you hope patients who attend will gain from this experience?**

We hope that patients who attend the LGBTQ+ cancer support group will find a sense of belonging and connection with others who truly understand their experiences. By coming together in a safe, supportive environment, we want participants to feel heard and validated in their journey. Attendees will have the opportunity to share their stories, gain emotional support, build community, and learn from peers who are facing similar challenges, which can be incredibly empowering.

We also hope to equip patients with the tools and confidence to navigate their cancer experience with a stronger sense of self, whether that's by addressing specific healthcare concerns, managing the intersection of their identity with treatment, or finding resources tailored to their needs. Ultimately, our goal is for each patient to leave the group feeling more connected, informed, and uplifted, knowing they are not alone and that they have a community to lean on throughout their journey.

**How is the group structured? (e.g., discussion-based, guest speakers, peer-led, etc.)**

Our group is structured in an open, discussion-based format. While open, our aim is that it will be comprehensive to provide multifaceted support for our patients. Therefore, group facilitators will also provide topics for monthly discussion based on group member interests and suggestions (e.g., navigating changes to relationships during cancer treatment). We meet monthly, on the third Wednesday of every month from 10am-11:30am, virtually. Monthly attendance is encouraged but not required, therefore the group operates on an open enrollment structure.

**How can interested patients get involved, and do you have any guidance for providers/staff to share with those who may feel hesitant to join?**

For patients interested in joining the group, the best first step is reaching out to me via email ([lseigent@wakehealth.edu](mailto:lseigent@wakehealth.edu)), or contacting your healthcare provider who can connect us. For those who may feel hesitant, it's important to emphasize that support groups are designed to provide a safe, welcoming space where they can share experiences, ask questions, and receive emotional support from others who understand this journey. Providers and staff can play a crucial role in reducing any apprehension by normalizing participation in support groups as part of holistic care. It can be helpful for providers to reassure patients that these groups are non-judgmental and inclusive.

Lastly, for patients who may still feel hesitant, please don't hesitate to reach out to me directly. I would love to provide additional information, address any concerns, or answer any questions you may have in an individual conversation.

## Peer Support Update

The Cancer Patient Support Program (CPSP) continues to recruit volunteer survivors who are eager to share their experiences and offer support to those facing a recent diagnosis. **S.O.S Connections (Survivors Offering Supportive Connections)** is a peer support program and partnership between Atrium Health Wake Forest Baptist and Levine Cancer Institute. We are seeking survivors of breast, gynecological, blood, and thoracic cancers to participate in the program. This initiative aims to provide emotional support for newly diagnosed patients from those who have firsthand experience navigating the cancer diagnosis/treatment/survivorship trajectory, cultivating interpersonal connections with those who are directly impacted by cancer.

**Volunteer Requirements:**

Volunteers will receive training on how to effectively communicate with newly diagnosed patients, as well as a handbook to guide their interactions. Support can be provided through phone calls, video chats, or in-person meetings, allowing flexibility to meet the needs of patients and survivors. Participants will be onboarded through the Volunteer Services Department after having an initial screening conversation and completing an application. The Volunteer Department will ensure the following requirements are complete prior to participation:

- Background Check
- TB Test
- Submission of Immunization Records
- Brief Training Session
- ID Badge

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### **Making a Difference:**

This program is an incredible opportunity for survivors to offer hope, empathy, and practical knowledge to those who are looking for supportive guidance. By sharing your personal experience, you can provide comfort and reassurance during a challenging time. Together, we can make a positive impact on the lives of those facing cancer. Please reach out to Emily LaFontaine at 336-716-2394 or email [elafonta@wakehealth.edu](mailto:elafonta@wakehealth.edu) for more information. Breast, gynecological, blood, and thoracic cancer survivors who are interested in volunteering are welcome to reach out personally. Alternatively, members of the medical team are encouraged to reach out with recommendations.

**Emily LaFontaine, LCSWA**

## **Provider Spotlight**

For this edition of *Resilience*, we interviewed Radiation Oncologist Christina Cramer, MD.

### **What is your specialty and how long have you been practicing at AHWFB?**

I am an Associate Professor in the department of Radiation Oncology and Neurosurgery at Atrium Health Wake Forest Baptist. I came to Wake Forest in 2016 after completing residency training at Duke University Medical Center. I grew up in Oregon and went to Brown University for undergraduate where I majored in Neuroscience. I attended medical school at Brown. I came to North Carolina for residency after a quick stop in Chicago for my intern year. I met my husband at Duke during residency. We have a daughter, Sloane and a son, Zachary and three cats.

### **How have you utilized CPSP services?**

I specialize in treating patients with primary and metastatic tumors of the brain and spinal cord. I have special expertise in the use of radiosurgery in both the brain and the spine. My patients range from pediatric-age to elderly adults. Examples of the types of tumors my patients are coping with include brain metastases, glioblastoma, astrocytomas, low-grade gliomas, ependymomas, medulloblastomas, midline gliomas, meningiomas, pituitary adenomas, CNS lymphomas, pineal germinomas, leptomeningeal disease, spinal metastases, multiple myeloma, and primary spinal cord tumors among others. I also treat some non-cancerous conditions with radiation (for example trigeminal neuralgia and essential tremor). I have a special interest helping patients manage the late effects of CNS, craniospinal and total body radiation which all have a slightly different set of challenges.

Patients diagnosed with aggressive brain or spine tumors are facing so many challenges and their families are assuming new roles as caregivers. All of our patients are offered a referral to CPSP. I believe patients who have the hardest time coping with the diagnosis of a brain tumor are patients with a pre-existing brain injury (prior TBI or stroke) or a prior psychiatric condition (schizophrenia or bipolar). Caregivers themselves also benefit tremendously from CPSP, as do survivors of pediatric cancers.

### **How do your patients benefit from working with one of our psychosocial oncology counselors?**

We routinely receive feedback that families are appreciative of all your help and efforts. Our department is likewise grateful for the work you do and the care you provide our patients. We witness the emotional stress that a brain or spine tumor diagnosis creates for a patient and their family. As we work to treat the cancer, it gives us peace of mind to know there are talented providers here working to address their behavioral health needs.



**Carrie Madsen, MS, LCMHC, NCC**

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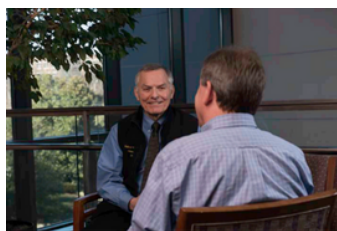
## Happy 45<sup>th</sup> Birthday, CPSP!

The **Cancer Patient Support Program (CPSP)** began in 1980 with one staff member and ten volunteers, offering outpatient counseling and peer support in the outpatient clinic. Under its first director, Dr. Richard McQuellon, PhD, CPSP grew to include five full-time staff members and approximately thirty-five volunteers, adding supportive modalities such as healing music and massage. McQuellon was also instrumental in spearheading and championing CPSP's annual fundraiser, *Winterlark*, held every February at Winston-Salem's Graylyn Estates for decades. This event grew to be the Triad's premier business networking event and the primary source of annual funding for CPSP.

In February 2020, CPSP held its 40th and final *Winterlark*. In the wake of COVID-19, CPSP, the philanthropy team, and hospital leadership pivoted to an open-air, family friendly, outdoor event open to the public, appropriately called *SummerLark*. The first *SummerLark* took place in June 2022 and featured Aloe Blacc. The fourth annual *SummerLark* will be held on May 10, 2025 and will feature Old Crow Medicine Show.

Today, CPSP is led by veteran CPSP staff member Katie Duckworth, PhD, PhD. Under her leadership CPSP has grown to its current staff size (eight full-time clinicians, one administrative assistant, one graduate-level intern, and approximately one dozen volunteers) and continues to offer professional counseling services to both outpatients and inpatients. CPSP providers offer clinical expertise in a wide range of areas, including trauma, sexual health, couples counseling, LGBTQ+, grief/bereavement, as well as peer support and services in Spanish. CPSP providers also teach within the biomedical sciences, lecture to fellows and PA students, oversee investigator-initiated research, present within the community, consult routinely with referring providers, publish and present findings at local and national conferences, and participate within a wide range of institutional committees.

CPSP is honored to support cancer patients and their families at Atrium Health Wake Forest Baptist. Thanks to the generous support of readers like you, we hope to continue to be an active presence in the Comprehensive Cancer Center for many years to come. Please enjoy the following pictures from the last few decades of CPSP!



# Happy 45<sup>th</sup> Birthday, CPSP!





SummerLark is back! Flock to **Bailey Park on May 10th** for an evening of music in the heart of downtown Winston-Salem with Grammy-award-winning artists, **Old Crow Medicine Show**, along with North Carolina's own **Big Daddy Love**.

Presented by Allegacy Federal Credit Union, proceeds benefit the Cancer Patient Support Program at Atrium Health Wake Forest Baptist Comprehensive Cancer Center, part of Atrium Health Levine Cancer.

Show up for a great time—and for your community. Scan the code below for tickets and information. See you at the show!

Presented by



Sponsored by

107.5 KZL - FaderRE  
Flow Automotive - The Variable

**Scan here** for tickets, show information, and to learn more about the program.



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# The Cancer Patient Support Program



## Mission

To reduce suffering and improve the quality of life of cancer patients and their loved ones across the lifespan, throughout survivorship and beyond.



## Vision

To ensure no one faces cancer alone.



## Values

- Accountability
- Transparency
- Inclusion
- Diversity
- Innovation
- Curiosity
- Collaboration
- Commitment to Service



## Objectives

- Reduce barriers to psychosocial support
- Collaborate with and support providers
- Optimize patient, caregiver, & family services
- Empower our community with shared knowledge and programming

## About *Resilience*

**Resilience** is the newsletter of Atrium Health Wake Forest Baptist's Psychosocial Oncology (POP) and Cancer Patient Support Program (CPSP) and is written and edited by POP/CPSP team members.

With this free publication, we seek to promote our psychosocial programming, provide psycho-education on wellness and mindfulness, and highlight the work of our integrated partners and their expertise.

Click [here](#) to learn more about our programming and access our previous newsletters.

