

ENDOSCOPIC ULTRASOUND PREPARATION INFORMATION

Thank you for choosing Wake Forest Baptist – Digestive Health for your upcoming endoscopic ultrasound (EUS). Enclosed in your prep packet is all of the necessary information you will need prior to your procedure. If you have questions after reading this material, please feel free to call and we will discuss these with you.

Please carefully read all of your prep instructions at least 1 week before your scheduled procedure date so you can be prepared for this procedure. To ensure you are comfortable during your procedure, sedation medication will be given for the examination. **YOU MAY NOT DRIVE HOME.** You must have a responsible escort 18 years of age or older who stays on site throughout your entire procedure, who can accompany you home and who can stay with you after your procedure. **If your escort does not accompany you to the medical center, you will be asked to reschedule your procedure. You may not go home ALONE via public transportation, taxi, Uber, Medicaid van, Tans-Aid or any other similar form of transportation.**

For any questions regarding your appointment, please call **336-716-3636**

Digestive Health is located on the Ground floor (**G**), Reynolds Tower. (See the map which is enclosed.)

Important Medication Adjustments

- **Please continue your regularly scheduled medications (such as blood pressure medications) as usual.**
- If you take blood thinners, diabetes medications (pills and/or injections) please see below.
- **Blood thinning medications** (Plavix, Coumadin, Warfarin, Lovenox, Effient, Pradaxa, Xarelto, Brilinta, Pletal, etc.) may need to be discontinued prior to your procedure. Please contact your prescribing physician and ask if your blood thinner is safe to stop. You may need to be off these medications for 3-5 days prior to your procedure.
- **Do NOT stop Aspirin**
- **Diabetic patients: If you take an oral diabetic pill (“sugar pill”), do NOT take it the day of your procedure. If you are taking insulin, please contact your prescribing doctor for instructions on adjusting your insulin the day before and the day of your procedure.**
- If you take **phentermine** (Aidpex-P, Lomaira), please stop this medication **5 days prior** to your procedure.
- **STOP** GLP-1 medications 1 week before procedure (see insert)
- **STOP** Erectile dysfunction/Pulmonary Hypertension medications 5 days before procedure (see insert)

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| <ul style="list-style-type: none">• If your procedure is a between 6AM - 11AM, please have nothing by mouth after midnight the night before• If your procedure is between 11:30AM - 3PM, you may have water until 9 AM the morning of your appointment.• No Chewing Gum, Hard Candy, Smoking or Chewing Tobacco day of procedure. |
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