

Featuring Guest Speaker:

The Educated Debutante, Adrian Wood, PhD

Adrian H. Wood, PhD is a rural Eastern NC mother of four, one with extra special needs. Past preschool teacher, nanny, children's ski instructor, early interventionist, college professor, early childhood researcher, wife and full time mama.

In writing after a twenty year hiatus, she offers personal glimpses where satire meets truth, faith meets irony, despair meets joy and this educated debutante escapes the laundry and finds true meaning in graceful transparency. Adrian and her husband Thomas met in college and are raising three teenagers and a ten year old with autism. They live in Edenton, NC where Thomas practices law and Adrian, well, juggles the laundry and her popular vlog, Tales of an Educated Debutante. She has been published on Huffington Post, The Mighty, Mamalode, Blunt Moms, Yahoo, Redbook, Romper, Babble, Mamapedia, Erma Bombeck Writers' Workshop, TODAY, and is listed as a TODAY PARENTS Top Contributor. She has also done a TEDx and spoken around the country to educators, families and professionals about finding joy in the imperfect life.

Adrian grew up in Rocky Mount, NC and experienced an idyllic childhood. It wasn't until her beloved older brother was diagnosed with cancer that she learned of the power of a diagnosis. After his death, she buried the hurt and carried on the path of success. Work hard, get an education and all will be well. And so, she did. She graduated from Meredith College with a degree in Child Development. She completed a Master's of Education at the acclaimed UNC-CH with a minor and specialty in Inclusion. She received a full scholarship to North Carolina State University where she earned her PhD in Educational Research and Policy Analysis. She taught at NC State while a graduate student and was a researcher at Frank Porter Graham Child Development Institute. To make ends meet while supporting a husband in law school, she was also a nanny.



Her second career began nearly eight years ago after a ten year hiatus of being a full time stay at home mother. When Adrian found she was expecting her fourth child, she imagined a rough and tumble sort eager to keep up with his big brothers and sister—he never arrived. It wasn't until he turned three years old that the autism diagnosis came to fruition. It was the second time a diagnosis would pummel her and yet, this time, it was not what she thought it would be. Before Amos, she had categorized special needs as something you didn't want. What she has learned—like so many mothers of autistic children—is that autism isn't bad, it's just different. What a story worth telling, she believes.

Sponsorship Opportunities to benefit the Bundle of Joy Program



BUNDLES

& Bubbles



Thursday | **JAN 23** | **4-6 pm**
2025

The Loft at Congdon Yards

Featuring Guest Speaker:
The Educated Debutante, Adrian Wood, PhD
Program starting at 5:00pm

We invite you to join us and support the Bundle of Joy Program at High Point Medical Center

To discuss sponsorship opportunities, contact the High Point Regional Health Foundation office at (336) 878-6011 or email Shelby Lloyd, Community Development Officer at sjlloyd@wakehealth.edu

All proceeds from Bundles and Bubbles support the Bundle of Joy Program at Atrium Health Wake Forest Baptist High Point Medical Center. Through contributions and the Bundles and Bubbles event we are able to provide every baby delivered at High Point Medical Center with a Bundle upon discharge.



Scan here for more information about the Bundle of Joy Program



Bundle of Joy provides baby essentials and resources to families with newborn babies in the High Point area, helping mothers give a healthy start to their baby's life.

Even in the best of circumstances, giving birth and caring for a newborn is mentally challenging, physically exhausting, and highly emotional. For women in our area who struggle financially or lack support, those first crucial weeks and months are even more difficult. The Bundle of Joy program at High Point Medical Center provides essential items for new moms at discharge.

The resource guide provided with the bundle serves as a bridge connecting to the many amazing community services which can support moms, infants and children long term. Many organizations are willing and able to help families, but more often than not, mothers do not know where to turn for help when in crisis.

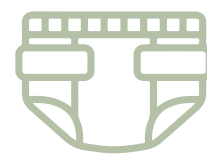
Studies have shown that mothers who cannot provide for the basic needs of their newborns struggle with postpartum depression at a higher rate, experience higher levels of stress, and lack competence.



THE BUNDLE OF JOY DIAPER BAG INCLUDES:



Swaddles



Diapers
(60 per bundle)



Wipes
(90 per bundle)



Onesie



Thermometer



Diaper Cream



Water bottle
for mom

Sponsorship Opportunities

Bundle Boss: \$10,000

- 12 Tickets with priority seating at event
- Placement on program and event signage
- Recognition from the podium at the event
- Corporate table display in event pre-function area (if desired)
- Recognition in High Point Regional Health Foundation media releases, website and Facebook page (with opportunity for corporate link)
- Bundle Boss Sponsor recognition listed in event program

Diaper Diva: \$8,000

- 10 tickets with priority seating at event
- Placement on program and event signage
- Recognition on High Point Regional Health Foundation website and Facebook page (with opportunity for corporate link)
- Corporate table display in event pre-function area (if desired)
- Diaper Diva Sponsor recognition listed in event program

Pajama Prince and/or Princess: \$5,500

- 8 tickets to event
- Recognition on High Point Regional Health Foundation website and Facebook page (with opportunity for corporate link)
- Corporate table display in event pre-function area (if desired)
- Pajama Prince and/or Princess Sponsor recognition listed in event program

Super Swaddle: \$2,400

- 6 tickets to event
- Recognition on High Point Regional Health Foundation website
- Super Swaddle recognition listed in event program

Wonder Wipes: \$1,200

- 2 tickets to event
- Wonder Wipes recognition listed in event program

Individual Tickets: \$60 each

*All sponsors recognized on the High Point Regional Health Foundation website

