



ActionHealth

Walking Routes

Lexington Medical Center

Lexington Medical Center Internal Walking Routes

Internal Route #1

Distance: 0.52 miles

Starting Location: Cafeteria Door

- Walk straight towards Administration, Medical Records, and Cardiac & Pulmonary Rehab
 - Slight Right by Outpatient Waiting Room
- Left at the end of the hall
- Right at the end of the hall
 - Walk to the hall entrance of the Cardiac & Pulmonary Rehab and turn around
- Left at the end of the hall
- Right at the end of the hall
- Walk straight towards Outpatient Waiting Room
 - Walk around front desk and turn around
- Walk back to Administration/Outpatient Waiting Room Intersection
 - Turn right down the hall towards Main Hospital
- Left down hall 7 towards Critical Care Unit
 - Continue around desk towards Hall 1 towards Main Lobby
- Walk straight past Front Desk
- Walk towards right around desk and turn right down Hall 7
- Walk down hall and take a left to go to the Cafeteria

Ending Location: Cafeteria Door

Internal Walking Route #2

Distance 0.54 miles

Starting Location: Cafeteria Door

- Turn left at first intersection and walk towards vending machines
- Take first left towards Material Room
- Walk down to Laundry and turn around
 - Walk back down hall and turn right and walk towards vending machines
- Take first left and walk towards the Emergency Department Waiting Room
- Turn right down Hall 7 towards Critical Care Unit
 - Continue around desk towards hall 1 towards Main Lobby
- Turn left at front desk and continue around the Front Desk
 - Turn left back down Hall 1
- Turn left and walk the circle around the desk
- Turn left down Hall 7
- Turn right at intersection with the Cafeteria on the left
- Turn left and walk down to the Emergency Department Waiting Room doors
 - Turn around and walk back
- Turn right and walk back down to the Cafeteria

Ending Location: Cafeteria Door

Lexington Medical Center External Walking Routes

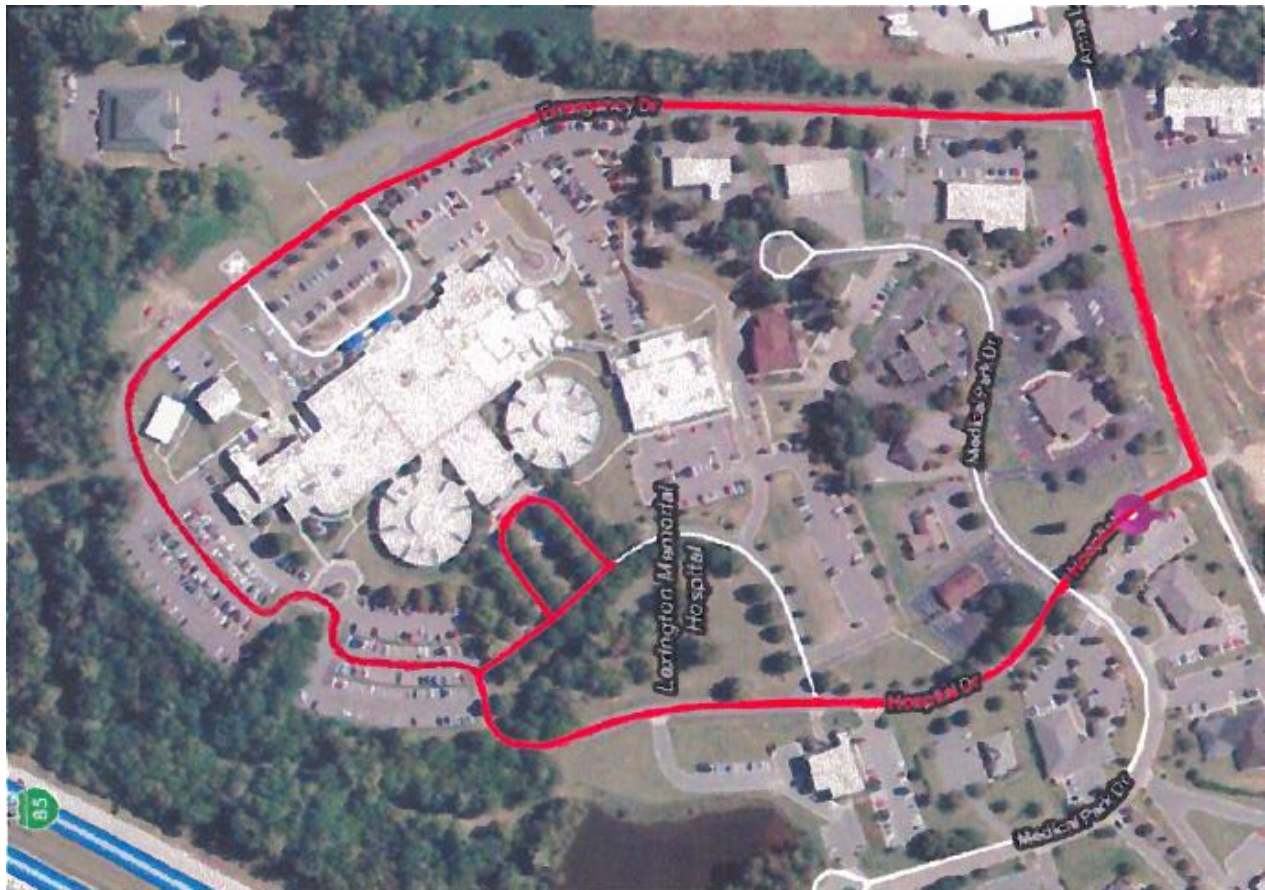
External Route #1

Distance 1.02 miles

Starting Location: Main Entrance Front Doors

- Walk to Hospital Drive and continue through Patient/Visitor and Employee Parking Lots to Emergency Drive
- Walk down Emergency Drive to Anna Lewis Drive
- Turn right at Anna Lewis Drive
- Turn right onto Hospital Drive
- Walk down Hospital Drive past pond and continue around the circle towards Main Entrance
- Walk to entrance after fountain and then continue back to Main Entrance Front Doors

Ending Location: Main Entrance Front Doors



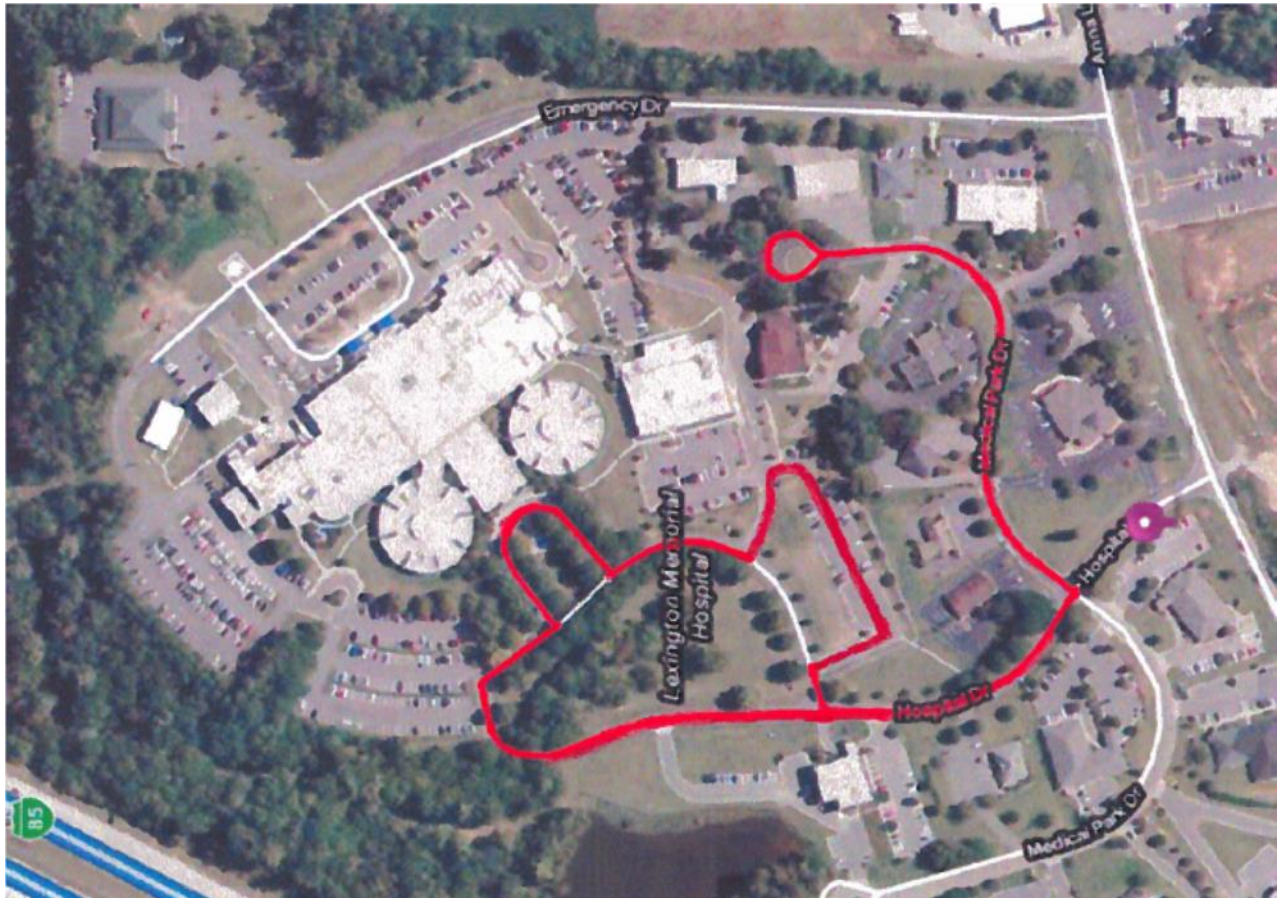
External Route #2

Distance 0.75 miles

Starting Location: Main Entrance Front Doors

- Walk to Hospital Drive
- Turn right and walk down Hospital Drive circle and continue past the pond
- Turn left on Medical Park Drive; walk down and around Cul-de-sac then head back to Hospital Drive
- Turn right onto Hospital Drive and take first right
- Turn right into parking lot entrance and walk through the parking lot to the other entrance
- Turn right onto Hospital Drive and walk back around circle to Main Entrance Front Doors

Ending Location: Main Entrance Front Doors



External Route #3

Distance 1.05 miles

Starting Location: Outside glass door behind of Administration

- Walk through parking lot to Emergency Drive
- Turn left onto Emergency Drive
- Turn right onto road towards Lexington Orthopedics and through parking lot and back to Emergency Drive
- Turn right onto Emergency Drive and walk through Employee and Patient/Visitor Parking Lot
- Turn right and walk down the Hospital Drive circle and continue past the pond
- Take first left continue straight towards Patient/Visitor Parking Lot
- Before crossing over into Employee Parking Lot turn right towards Outpatient Surgery
- Walk around the Outpatient Surgery circle

Ending Location: Outpatient Surgery Doors

