



BestHealth Subscription Program – Merchant Discount Participants

As a subscriber of the BestHealth program of Wake Forest Baptist Medical Center, you can receive discounts at select merchants in the Winston-Salem and surrounding areas. Please show your BestHealth code at time of purchase.

Discounts are valid for the individual subscriber only, not groups.

RESTAURANTS AND RELATED BUSINESSES

Brixx Wood Fired Pizza

1295 Creekshire Way

Phone: 336-837-0664

Web: www.brixxpizza.com

Discount: 15% off total (does not apply to alcohol, lunch special, late night bogo & cannot be combined with any other discount or coupon).

Crosby Pub & Restaurant (Village Inn Event Center)

6205 Ramada Dr., Clemmons

Phone: 336-971-6567

Web: www.thevillageinn.com

Discount: 10% off food (excluding alcohol).

Melt Kitchen and Bar

2270 Golden Gate Dr, Greensboro

Phone: 910-352-3320

Web: www.meltkitchenandbar.com

Discount: 10% off check

Midtown Café & Dessertery

151 S. Stratford Rd., Winston-Salem

Phone: 336-724-9800

Web: www.midtowncafews.com

Discount: Complimentary slice of plain five-flavor pound cake or cookie with purchase of full meal.

River Birch Lodge

3324 Robinhood Rd., Winston-Salem

Phone: 336-768-1111

Web: www.riverbirchlodge.com

Discount: Complimentary order of homemade Lodge Chips –select potatoes sliced thin, seasoned and served with cilantro-lime and goat cheese peppercorn sauces -- with the purchase of an entrée \$9.95 or higher.

Sumela Restaurant

805. North Main St, High Point

Phone: 336-887-2646

Web: www.sumelarestaurant.com

Discount: 10% off total bill

Sweet Frog Yogurt

6297 Towncenter Drive, Clemmons

Phone: 336-778-1801

Web: www.sweetfrog yogurt.com

Discount: 20% off each cup of yogurt purchased by a BestHealth member. To receive discount show a valid BestHealth membership card.

TCBY Yogurt

5038 Peters Creek Parkway, Winston-Salem

Phone: 336-784-6101

Web: [facebook.com/tcbywinston-salem](https://www.facebook.com/tcbywinston-salem)

Discount: 10% off your order not valid with any other offer.

Tokyo Japanese Steakhouse

1111 Salisbury Ridge Rd., Winston-Salem

Phone: 336-722-5009

Web: www.tjsteakhouse.com

Discount: 10% off, Sunday through Thursday, holidays not included.

Wake Forest Baptist Health Food & Nutrition Services

Medical Center Boulevard, Winston-Salem

Phone: (336) 713-3009

Discount: 20% discount at the Ardmore Cafeteria

FITNESS / WELLNESS**Advocare**

Online store

Phone: 336-481-9033

Web: www.championsteam21.com

Discount: Health and wellness – 20% on meal replacement shakes and Spark energy drinks.

BAM Nutrition

200 N. Main Street, Lexington Phone:

336-843-4262

Web: www.bamnnutrition.weebly.com

Discount: Free meal – including meal replacement shake, herbal tea, and mango aloe. For first time visitors!

Brittian Chiropractic Center

205 S. Stratford Road, Suite L, Winston-Salem

Phone: 336-293-8931

Web: www.brittianchiropracticcenter.com

Discount: Initial consultation with the doctors at no charge for BestHealth members.

Triad Martial Arts

160 Webb Way, Advance

Phone: 336-486-6542

Web: www.KIAdvance.net

Discount: One week of free classes and 25% off of our regular rates.

Oak Valley Golf Club

261 Oak Valley Blvd., Advance

Phone: 336-940-2000

Web: www.oakvalleygolfclub.com

Discount: November thru March: 2 pm play for \$29 - includes cart; April thru October: play for \$29 after 4 pm

Smiley's Golf and Learning Center

2397 W Clemmons Road, Winston-Salem

Phone: 336-765-7733

Web: www.smileysgolf.net

Discount: BestHealth members 50% off launch monitor golf lesson. Full computer golf lesson with information emailed along with video.

Sunrise Yoga Studio

6000 Meadowbrook Mall Ct., Suite 1, Clemmons

Phone: 336-778-1233

Web: www.sunriseyoga.net

Discount: 10% off of a 6 class card that is \$84 value.

Wake Forest Baptist Health Aquatic Program

Medical Center Boulevard, Winston-Salem

Phone: 336-713-8082

Web: www.wakehealth.edu/Aquatic-Programs

Discount: \$5.00 off of one month or 1 free visit.

Wet'n Wild Emerald Pointe

3910 S. Holden Rd, Greensboro

Phone: 336-852-9721

Web: www.emeraldpointe.com

Discount: Promo code **BESTHEALTH17** for up to 30% off Admission tickets

GIFTS & JEWELRY

Wingo's Fine Jewelry

2503 Lewisville Clemmons Rd, Clemmons

Phone: 336-766-8505

Web: www.wingofinejewelry.com

Discount: free watch battery.

HOME

The Produce Box

900 Withers Road, Raleigh

Phone: 336-624-4291

Web: www.theproducebox.com

Discount: Use code TRIAL to try produce box for 1 week for a deferred membership fee

Village Frame Shop

409 West End Boulevard, Winston-Salem

Phone: 336-724-6565

Discount: 10% off on custom framing and accessories.

Prime Time Mobile Detailing

PO Box 14972, Raleigh, NC

Phone: 919-909-3835

Web: www.Primetimemobiledetail.com

Discount: Save 40% off of Showtime or Primetime wash, please visit website for details.

Sam's Club #8228

930 Hanes Mall Blvd, Winston-Salem

Phone: (336) 765-3590

Web: www.samsclub.com/club/8228

Discount: Receive \$20.00 off the first \$20.00 purchase for new membership. You will receive \$140.00 in instant savings for club membership. Receive \$240.00 for plus memberships. Renewal will receive instance savings. Must call (336) 765-1730 to schedule an outside sales appointment. This is not valid at the membership desk as a walk in.

PETS / BIRDING SUPPLIES

Reynolda Veterinary Hospital, P.A.

2600 Reynolda Rd., Winston-Salem

Phone: 336-725-9111

Web: www.reynoldaveterinaryhospital.com

Discount: 15% off your pet's initial visit.

Wild Birds Unlimited

568 Hanes Mall Blvd., Winston-Salem

Phone: 336-774-1906

Web: <http://winstonsalem.wbu.com>

Discount: 20% off one item, excluding sale items.

SALONS / DAY SPAS / MASSAGE

Aeracura Salon

101 A Reynolda Village, Winston-Salem

Phone: 336-448-0792

Web: www.aeracurasalon.com

Discount: 15% off Aveda services with BestHealth membership card.

Essential Balanced Bodywork

2575 Old Glory Rd., Ste.500, Clemmons

Phone: 336-918-9343

Web: www.essentialbalancedbodywork.com

Discount: \$10 off any service (Relaxation or Deep Tissue Massage, Structural Bodywork, Reflexology and Acutonics Sound Healing).

HaiRoot Non-Surgical Hair Replacement Spa

1505 Bearhollow Road, Greensboro

Phone: 336-541-6963

Web: <http://HaiRoot.com>

Discount: 10% off all scalp services and products. Excludes consultation and custom wigs (cannot be combined with other discounts).

Halo Aveda Salon and Spa

690 Jonestown Road, Suite 400E, Winston-Salem

Phone: 336-893-9604

Web: www.haloaveda.com

Discount: 10% off all services. Standard rate of \$49/month for spa membership for BestHealth members.

Michael Fields Salon & Day Spa

3445 Robinhood Road, Ste. D, Winston-Salem

Phone: 336-760-6066

Web: www.michaelfieldsinc.com

Discount: 10% off spa service.

VanDavis Aveda Lifestyle Salon/Spa

244 S. Stratford Road, Winston-Salem

Phone: 336-761-1133

Web: www.vandavisaveda.com

Discount: 10% off on all services

WFBH Facial Plastic and Reconstructive Surgery

2341 Lewisville Clemmons Road

Phone: 336-713-3265

Web: www.wakehealth.edu/ENT/Facial-Plastic-and-Reconstructive-Surgery/corrective-skin-treatments.htm

Discount: 15% off esthetic services (Only includes services performed by esthetician. Excludes laser services)

SPORTING GOODS / APPAREL / FOOTWEAR

BE Shoes

260 South Stratford Road, Winston-Salem

Phone: 336-722-0747

Discount: 10% off all regular priced merchandise.

Fleet Feet Sports

278 Harvey Street (next to LA Fitness on Stratford Road), Winston-Salem

Phone: 336-722-8477

Web: www.fleetfeetwinston-salem.com

Discount: 10% off all regularly priced footwear, apparel and accessories.

New Balance Winston-Salem

Thruway Shopping Center, 202 S. Stratford Rd., Winston-Salem

Phone: 336-893-7908

Web: www.newbalance.com www.dunhambootmakers.com

Discount: 10% off all regularly priced footwear, apparel and accessories.

Omega Sports

414 S Stratford Road, Winston-Salem

Phone: 336-760-9172

Web: www.omegasports.net

Discount: 10% off non-sale items.

VISION

Wake Forest Baptist Health Optical Designs – Country Club

4610 Country Club Road, Winston-Salem

Phone: 336-713-0747

Web: WakeHealth.edu/eye

Discount: 20% off eyeglass lenses and frames

Wake Forest Baptist Health Optical Designs – Janeway

Wake Forest Baptist Medical Center, Janeway Tower, 6th floor, Winston-Salem

Phone: 336-716-4888

Web: WakeHealth.edu/eye

Discount: 20% off eyeglass lenses and frames.