**Outline for HeartCode ACLS Hands-on Skills (Option 1)**

**Approximate course duration: 4.75 to 5.75 hours (without breaks);
student-to-instructor ratio for learning stations is 6:1**

|  |  |  |  |
| --- | --- | --- | --- |
| **Lesson number** | **Course event** | **Duration (minutes)** | **Type of lesson** |
| **ACLSSTART** | Welcome, Introductions, and Course Administration | 15 |  |
| **ACLS1** | ACLS Course Overview and Organization | 10 |  |
| **ACLS2** | Learning Station: High-Quality BLS Practice (**Lesson 2A in ACLS Lesson Plans** ) | 30 |  |
| **ACLS3** | Learning Station: Airway Management Practice (**Lesson 3A in ACLS Lesson Plans** ) | 30 |  |
| **ACLS4** | Technology Review  | 15 |   |
| **ACLS5** | Learning Station: High-Performance Teams: Megacode Practice (**Lesson 9 in ACLS Lesson Plans**) | 138 |    |
| **ACLST** | High-Quality BLS Testing—Testing Details (**Lesson 2B in ACLS Lesson Plans**) | 15 |  |
| **ACLST** | Airway Management Testing—Testing Details (**Lesson 3B in ACLS Lesson Plans**) | 15 |  |
| **ACLST2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details | 12–75 |  |
| **ACLSREM** | Remediation | Variable |  |