

BEHAVIORAL HEALTH & PSYCHIATRIC PROVIDERS

FORSYTH COUNTY

Center for Emotional Health

704-237-4240 / 755 Highland Oaks Dr. Suite 105, Winston-Salem, NC 27103

- Outpatient counseling, medication management, age 4 and up
- Medicaid, private pay, sliding fee scale

Crossnore School & Children's Home

336-721-7600 / 1001 Reynolda Road Winston-Salem, NC 27104

- Outpatient counseling, Day Treatment
- Medicaid, private insurance

Creative Counseling and Consulting

336-831-4051 / 163 Stratford Court, Suite 170, Winston-Salem, NC 27103

- Family/parenting skills, substance use, play therapy, anxiety/depression, TF-CBT

Family Services of Forsyth County

336-722-8173 1200 S. Broad Street Winston-Salem, NC 27101

- Outpatient counseling, Head Start, developmental services, parenting support
- Medicaid, private insurance, sliding fee scale

Forsyth Family Counseling

336-777-6160 / 942 West 4th Street, Winston-Salem, NC 27101

- Outpatient counseling, PCIT, TF-CBT
- Private Insurance, sliding fee scale

Fostering Minds

336-849-7890 / 2554 Lewisville-Clemmons Road, Suite 303, Clemmons, NC 27012

- Outpatient counseling, psychological evaluations, family therapy
- Aetna, BCBS, Cigna, CBHA, MedCost, NC Healthchoice, Medicaid

Lewisville Family Counseling

336-945-0137 / 6614 Shallowford Road Lewisville, NC 27023

- Outpatient counseling, play therapy, family counseling
- BCBS, self-pay

Mood Treatment Center

336-722-7266 / 713 SW Marshall Street Winston-Salem, NC 27101

- Outpatient counseling, medication management, ASD, ADHD, PTSD
- Aetna, BCBS, Cigna, CBHA, MedCost, Medicare, Magellan, and United Health Care

New Directions Behavioral Health

336-768-8281 / 2990 Bethesda Place Suite 602 B Winston Salem, NC 27103

- Outpatient counseling via telehealth currently
- Private Insurance

Rising Hope

888-446-7301 / 510 Northgate Park Drive Winston-Salem, NC 27106

- Outpatient counseling (individual, family), play therapy
- BCBS, Optum, UHC, Medcost, Medicaid & sliding scale fee

The Neil Group

336-774-2194 / 1399 Ashleybrook Lane, Suite 100, Winston-Salem, NC 27103

- Outpatient counseling (individual, family & group), play therapy, medication management, neurological evaluations, psychological testing
- Medicaid, HealthChoice, TriCare, BCBS, UHC, Medcost, Aetna, Cigna

The Parenting Path

336-748-9028 / 500 W. Northwest Blvd Winston-Salem, NC 27105

- Parenting support, respite care, family preservation, clinical services
- Surry county location

The Yellow Brick Road Therapy Center

336 782-2233 / 4231 Lake Cliff Drive, Clemmons, NC 27012

- Outpatient counseling
- Aetna, Blue Cross/Blue Shield, Carolina Behavioral Health Alliance, Cigna

Voice for Children and Nurturing Families

336-577-8455 / 3728 Vest Mill Road Winston-Salem, NC 27104

- PCIT, TF-CBT, play therapy
- Medicaid & private insurance

Wake Forest Baptist Health Psychiatry and Behavioral Health

336-716-4551 / 791 Jonestown Road Winston-Salem, NC 27103

- Inpatient, outpatient & community services (Bowman Gray Child Guidance Program)
- Medicaid & private insurance, tele psychiatry services in Davie & Davidson counties

GUILFORD COUNTY

Agape Psychological Consortium

336-855-4649 / 4160 Piedmont Parkway, Suite 207 Greensboro, NC 27410

- Outpatient counseling, psychological evaluations, ADHD, ASD
- Medicaid & private insurance

Behavioral Medicine-Eastchester (Wake Forest Baptist Health)

336-802-2205 / 1208 Eastchester Drive Suite 200 High Point, NC 27262

- Outpatient counseling, Spanish provider
- Medicaid & private insurance

Family Services of the Piedmont

336-387-6161 / 902 Bonner Drive Jamestown, NC 27282

- Outpatient counseling, parenting support, substance use, domestic violence
- Medicaid, grant funding for uninsured

LeBauer Behavioral Medicine

336-547-1574 / 606 B. Walter Reed Dr. Greensboro, North Carolina 27403

- Outpatient counseling
- Medicaid & private insurance

The Neuropsychiatric Care Center

336-505-9494 / 3822 N Elm St. Suite 101 Greensboro, NC 27455

- Outpatient counseling, medication management
- Medicaid and private insurance

UNC Greensboro Psychology Clinic

336-334-5662 / 1100 West Market Street Greensboro, NC 27403-1830

- Outpatient counseling, psychological testing, parenting support, TF-CBT, ASD, ODD
- Sandhills Medicaid, sliding fee scale

Youth Unlimited

336-883-1361 / 338 Burton Ave. High Point, NC 27262

- Outpatient counseling, PCIT, TF-CBT, Intensive In Home, Medication management
- Medicaid

DAVIDSON COUNTY

Family Services of Davidson County

336-249-0237 / 1303 Greensboro St Ext, Lexington, NC 27295

- Outpatient counseling, Head Start, developmental services, parenting support
- Medicaid, private insurance, sliding fee scale

Lorven Child & Family Development

336-236-7347 / 264 Greensboro St Ext. Lexington, NC 27295

- Outpatient counseling, play therapy, TF-CBT, EMDR, family therapy, school based
- Medicaid & private insurance

DAVIE COUNTY

Dragonfly House (Child Advocacy Center)

336-753-6155 / 387 Valley Road Mocksville, NC 27028

- Specific to children with confirmed or suspected abuse history, ages birth-17
- Forensic Interview, Child Abuse Medical Exams, Victim Advocacy, Counseling

Kintegra

336-753-6440 / 172 South Clement St. Mocksville, NC 27028

- Outpatient counseling, CBT, TF-CBT
- Medicaid, private insurance, sliding fee scale

YADKIN COUNTY

A Still Waters Counseling and Training

336-849-7966 / 624 West Main Street #400, Yadkinville, NC 27055

- Outpatient counseling, TF-CBT
- Medicaid

Smart Start of Yadkin County

336-679-7833 / 105 Woodlyn Drive Yadkinville, NC 27055

- Nurturing Parenting Program: in home parenting support for ages 0-5, weekly sessions

SURRY COUNTY

Pinnacle Therapeutic Services

336-874-2475 / 1300 North Bridge Street, Suite 104, Elkin, North Carolina 28621

- Outpatient counseling, parenting groups

IREDELL COUNTY

Turning Point Family Services

704-872-4058 / 919 N Main St, Mooresville, NC 28115

- Outpatient counseling, Intensive In Home, Day Treatment, PCIT, TF-CBT
- Medicaid, NC Healthchoice, Aetna, UHC, Optum, TriCare, BCBS, Ambetter

MULTIPLE COUNTIES

Alexander Youth Network

855-362-8470 / multiple offices across the state, serve most counties

- Outpatient Services, Day Treatment, Intensive In-Home, medication management
- Medicaid

Aspen Mental Health

336-827-0089 / Surry, Wilkes, Alleghany

115 Atwood Street, Suite 411 Sparta, NC 28675

525 Samaritans Ridge Court Elkin, NC 28621

205 6th Street North Wilkesboro, NC 28659

- Outpatient counseling, play therapy, PCIT, child parent psychotherapy, trauma
- Medicaid & private insurance, Serve as young as 2 ½ for PCIT and CPP

Best Day Psychiatry and Counseling

919-364-6492 / Forsyth, Guilford, Mecklenburg, Triangle area, coastal area

- Assessments, outpatient therapy, medication management (telehealth/as young as 3)
- Cigna, Magellan, United Healthcare, Beacon Health Options, Medcost, Medicare, Medicaid

Care Net Counseling

Davie Medical Center: 329 NC Highway 801 North Bermuda Run NC 27006

Blue Ridge: 336-786-1922 / 131 W. Lebanon St. Mount Airy NC 27030

First Baptist Church: 336-751-2041 / 412 North Main Street Mocksville NC 27028

Main Street UMC: 336-716-0855 / 306 South Main Street Kernersville NC 27284

Winston: 336-716-0855 / 403 South Hawthorne Road Winston-Salem NC 27103

- Outpatient counseling, affiliate of Wake Forest Baptist Health
- Medicaid & private insurance

Children's Hope Alliance

1-800-320-4157 / multiple offices across the state, serve most counties

- Outpatient counseling, community based services
- Medicaid, NC Health Choice, Blue Cross/Blue Shield, and Private Pay

Cone Outpatient Behavioral Health

336-993-6120 / 1635 NC HWY 66 South, 175 Kernersville, NC 27284

336-349-4454 / 621 S. Main Street, Suite 200 Reidsville, NC 27320

- PCIT, Individual therapy, Medication management
- Medicaid & private insurance

Daymark Recovery Services

866-275-9552: CRISIS # / multiple offices across the state, serve most counties

- Outpatient counseling, Intensive In Home, Mobile Crisis, Day Treatment, medication management
- Medicaid, private insurance, sliding fee scale

Easter Seals

800-662-7119 / multiple locations across the state, serve most counties

- Outpatient counseling, ABA, Intensive In Home, Mobile Crisis, MST, Medication management
- Medicaid

Jodi Province

336-818-0733 / 1260 College Avenue, Suite 1, Wilkesboro, NC 28697

336-818-0733 / 626 Ashe Central School Road, Suite 211 Jefferson, NC 28640

336-818-0733 / 525 Samaritan's Ridge Road, Elkin, NC 28621

336-818-0733 / 714A Carolina Avenue, Yadkinville, NC, 27055

336-818-733 / 1605 Norwood Road, Statesville, NC 28677

- CBT, TF-CBT, EMDR, Theraplay, Motivational Interviewing
- BCBS, Medcost, Medicaid, HC, Cigna, Aetna, Tricare, Magellan, CBHA, Optum

Monarch

866-272-7826 / Forsyth, Guilford, Davie, Davidson, Stokes, Cabarrus, Rowan

- Long Term Supports and Services, Outpatient, In Home Services, Crisis services, Respite
- Medicaid

Novant Health Child and Adolescent Psychiatry

336-718-7280 / 140 Kimel Park Drive, Suite 101, Winston-Salem, NC 27103

336-945-0345 / 6620 Shallowford Rd Suite 200, Lewisville, NC 27023

336-277-6050 / 280 Broad St Suite E, Kernersville, NC 27284

- Outpatient counseling, play therapy, ADHD, ASD, PTSD, ODD
- Medicaid, private insurance

Surry/Stokes Friends of Youth

336-789-9064 151 W Lebanon Street Suite 200 Mt. Airy, NC 27030

- Outpatient counseling, anger management group, parenting skills, mentoring, ages 6-17
- Services provided without charge, grant funded

SPARC Services & Programs

1-866-700-1606 / multiple offices across the state, serve most counties

- Outpatient counseling, FCT, IHTS, Enhanced Crisis Response
- Medicaid

Triad Therapy, LLC

336-629-7774 / 350 North Cox Street, Asheboro, NC 27203

336-896-0904 / 7830 North Point Blvd., Suite 201 Winston Salem, NC 27106

336-648-8585 / 172 West Independence Blvd. Mount Airy, NC 27030

336-990-9252 / 315 Main Street North Wilkesboro, NC 28659

- Outpatient counseling
- Medicaid, HealthChoice, BCBS

Youth Haven

336-285-7079 / Rockingham, Stokes, Guilford, Caswell

- Outpatient Therapy (3+), IIH (3+), School Based Therapy (3+) & Medication Management (5+)
- Medicaid, HealthChoice, BCBS, United Healthcare, Cigna, Aetna, Tricare

Youth Villages

336-931-1800 / multiple offices across the state, serve most counties

- Intercept Intensive In Home (ages 4-17, IDD, anxiety and depression, PTSD)
- Multisystemic Therapy (ages 12-17, externalized behaviors)
- LifeSet (ages 16-22, independent living skills and mental health support)
- Medicaid, Health Choice, grant funding for LifeSet

ACRONYMS

- PCIT: Parent Child Interaction Therapy
- CPP: Child Parent Psychotherapy
- CBT: Cognitive Behavioral Therapy
- TF-CBT: Trauma Focused Cognitive Behavioral Therapy
- EMDR: Eye Movement Desensitization and Reprocessing (Trauma therapy)
- IIH: Intensive In Home
- MST: Multisystemic Therapy
- FCT: Family Centered Treatment
- IHTS: In Home Therapy Services