## Insurance Billed
### By Design OPTIFAST

**$750.00**
Weekly Optifast product cost averages $90 and is an additional cost and not included in program fee

### SUPPORT
- 52 weeks of active program involvement
- Program materials
- Weekly support group*
- “On Track” (Carium and wireless scale)
- Billed to Insurance:
  - Ongoing remote support through On Track remote monitoring system (procedure codes: 99453, 99454)

### MEDICAL
- Billed to Insurance:
  - RMR, initial clinic visit with medical provider, initial set of labs, and EKG
  - Up to 7 visits with a medical provider
    - Medical provider visits are subject to your specialist copay

### NUTRITION
- Billed to Insurance:
  - Up to 6 visits with registered dietitian are billed to insurance

### EXERCISE
- 4 exercise consults included in the program fee
- 10 (30)-minute personal training sessions included in the program fee

### BEHAVIOR
- 5 health behaviorist visits included in the program fee

### Codes for Insurance Billed Visits
- 99205 – new patient visit with medical provider
- 99214 – return patient visit with medical provider
- 97803 – visit with registered dietitian (primary diagnosis code is Z71.3, dietary surveillance and counseling)
- 94690 – visit for expired air analysis (resting metabolic rate test)

## Cash Price
### By Design OPTIFAST

**$2400.00**
Weekly Optifast product cost averages $90 and is an additional cost and not included in program fee

### SUPPORT
- 52 weeks of active program involvement
- Program materials
- Weekly support group*
- “On Track” (Carium and wireless scale)
- Billed to Insurance:
  - Ongoing remote support through On Track remote monitoring system (procedure codes: 99453, 99454)

### MEDICAL
- Billed to Insurance:
  - RMR, initial clinic visit with medical provider, initial set of labs, and EKG
    - Initial medical provider visit is subject to your specialist copay
  - ALL other medical provider clinic visits are included in program fee

### NUTRITION
- Up to 6 visits with registered dietitian included in program fee

### EXERCISE
- 4 exercise consults included in the program fee
- 10 (30)-minute personal training sessions included in the program fee

### BEHAVIOR
- 5 health behaviorist visits included in the program fee

### Codes for Insurance Billed Visits
- 99205 – new patient visit with medical provider
- 99214 – return patient visit with medical provider
- 97803 – visit with registered dietitian (primary diagnosis code is Z71.3, dietary surveillance and counseling)
- 94690 – visit for expired air analysis (resting metabolic rate test)

*some group classes are subject to an additional fee