

By Design Program Summaries

Insurance Billed By Design OPTIFAST
<p>\$750.00</p> <p>Weekly Optifast product cost averages \$90 and is an additional cost and not included in program fee</p>
<p>SUPPORT</p> <ul style="list-style-type: none"> ❖ 52 weeks of active program involvement ❖ Program materials ❖ Weekly support group* ❖ “On Track” (Carium and wireless scale) ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ Ongoing remote support through On Track remote monitoring system (procedure codes: 99453, 99454)
<p>MEDICAL</p> <ul style="list-style-type: none"> ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ RMR, initial clinic visit with medical provider, initial set of labs, and EKG ➤ Up to 7 visits with a medical provider <ul style="list-style-type: none"> ▪ Medical provider visits are subject to your specialist copy
<p>NUTRITION</p> <ul style="list-style-type: none"> ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ Up to 6 visits with registered dietitian are billed to insurance
<p>EXERCISE</p> <ul style="list-style-type: none"> ➤ 4 exercise consults included in the program fee ➤ 10 (30)-minute personal training sessions included in the program fee
<p>BEHAVIOR</p> <ul style="list-style-type: none"> ➤ 5 health behaviorist visits included in the program fee
<p>Codes for Insurance Billed Visits</p> <ul style="list-style-type: none"> ➤ 99205 – new patient visit with medical provider ➤ 99214 – return patient visit with medical provider ➤ 97803 – visit with registered dietitian (primary diagnosis code is Z71.3, dietary surveillance and counseling) ➤ 94690 – visit for expired air analysis (resting metabolic rate test)

Cash Price By Design OPTIFAST
<p>\$2400.00</p> <p>Weekly Optifast product cost averages \$90 and is an additional cost and not included in program fee</p>
<p>SUPPORT</p> <ul style="list-style-type: none"> ❖ 52 weeks of active program involvement ❖ Program materials ❖ Weekly support group* ❖ “On Track” (Carium and wireless scale) ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ Ongoing remote support through On Track remote monitoring system (procedure codes: 99453, 99454)
<p>MEDICAL</p> <ul style="list-style-type: none"> ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ RMR, initial clinic visit with medical provider, initial set of labs, and EKG <ul style="list-style-type: none"> ▪ Initial medical provider visit is subject to your specialist copy ➤ ALL other medical provider clinic visits are included in program fee
<p>NUTRITION</p> <ul style="list-style-type: none"> ➤ Up to 6 visits with registered dietitian included in program fee
<p>EXERCISE</p> <ul style="list-style-type: none"> ➤ 4 exercise consults included in the program fee ➤ 10 (30)-minute personal training sessions included in the program fee
<p>BEHAVIOR</p> <ul style="list-style-type: none"> ➤ 5 health behaviorist visits included in the program fee