Lessons Learned from an Academic Half Day on Telehealth and Teleneurology with Pediatric Resident Physicians

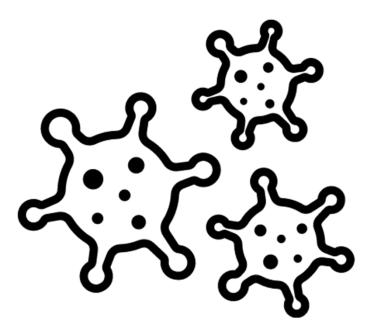
Jaclyn Martindale, DO
Assistant Professor of Neurology
Associate Program Director of Child Neurology Residency



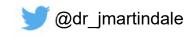




The Problem



- Insufficient familiarity with virtual platform
- Need to conduct effective evaluation
- Need to deliver compassionate care virtually





The Problem



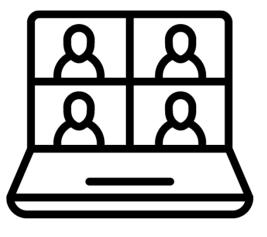
Combat neurophobia



Adapt clinical skills



Facilitate discussion & engagement



Teaching virtually





Program Objectives

- Discuss the advantages and limitations of telehealth in the pediatric population
- 2. Adapt to common challenges during the telehealth visit
- 3. Deliver an age-appropriate neurological examination virtually









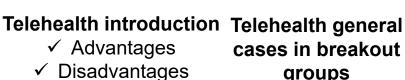
Program Description

3 hour session



✓ Adaptations to

challenges

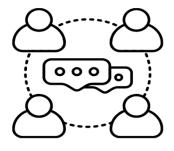


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groups



Teleneurology introduction

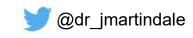


Teleneurology cases in breakout groups



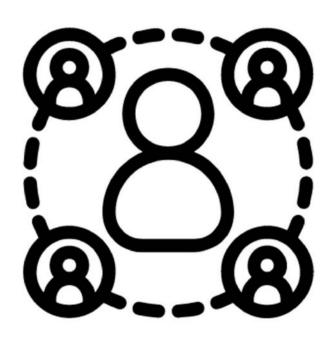
Teleneurology case review







Program Description



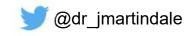
Each group

- Resident & attending moderator
- 1 general telehealth case
- 2 neurology telehealth cases

Each case

- · Focused on specific aspect of exam
- Board relevant cases
- Clinical exam adaptations by age & modality
- Treatment considerations (including appropriateness for telehealth)



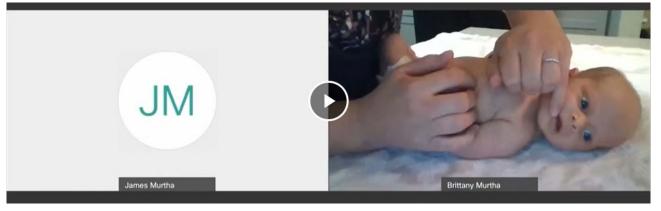


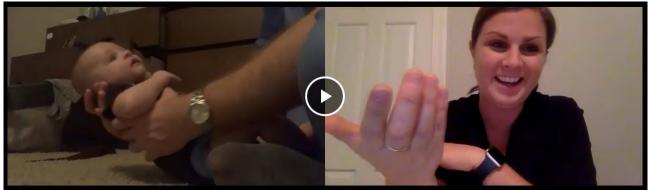


Program Description

Example Case Concepts:

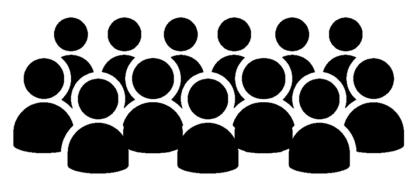
- Infantile reflexes
- Cerebral palsy
- Developmental progression







Post-AHD Assessment

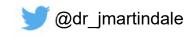






Content delivered
Effectiveness of content
Helpful for board prep
Using material in practice
Small group interactions
Neurologist moderators
Video demonstrations
Telehealth focus





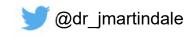


Lessons Learned

- ✓ Virtual small group discussions were effective & successful
- ✓ Less "lecture" & more active learning
- ✓ Less cases with more discussion time
- ✓ Cases with built in breaks



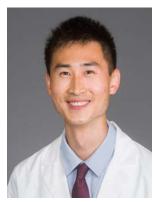






Special thanks

Medical student & 1st author



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