

YOUR PATH REPORT

A MESSAGE FROM OUR CHAIR

Welcome to the New Year!

The start of a new year is always special—a moment to reflect and embrace fresh possibilities. After a season of rest and renewal, we have the chance to come together with renewed energy and a shared sense of purpose. This is more than just starting a new calendar; it's about welcoming new opportunities, exploring innovative ideas, and making significant progress in the goals we set. Let's step forward with optimism, clarity, and determination, ready to support one another and make this year truly remarkable.

- Diana Cardona, MD, MBA

FOR YOUR AWARENESS

- [Cisco Duo Implementation \(Ongoing\)](#)
- Retirement harmonization began Jan 1st: Short blackout period for accounts transitioning to Empower. During transition, your account won't be accessible but contributions will continue if applicable, and investments will adjust value per market conditions. For blackout dates and details, see the Empower guide at totalrewards.org (select Learn More on the blue piggy bank tile), or call Empower at 888-224-2003.
- [Domain Migration \(starting Jan 6th\)](#)
 - Order of Migration: High Point, Wilkes, Lexington, Davie then Winston. Migrations will continue by site through Summer 2026.
- Coming Jan 27: A New ServiceNow Experience! The previous ServiceNow Service Portal is now referred to as the **Employee Center**. The [new tool](#) offers an enhanced experience to boost efficiency and a consistent way to submit tickets and request services. See training in Workday.
- Revised [Annual Security and Fire Safety Report](#) Now Available.

INTERESTING OPPORTUNITIES

- Monthly Grand Rounds – January 7th (8:30 - 9:30 a.m): Dr. James Nichols presents “The Good, the Bad, and the Ugly of Point-of-Care Testing.” Click here for [More info.](#)
- [Teammate Art Show](#): All accepted artists' artwork from the NC & GA Division are exhibited at the in-person Art Show held in the Spine Art Gallery located at Atrium Health Wake Forest Baptist Winston-Salem Campus until Jan. 5, 2026

UPCOMING EVENTS

- Winter Door Decorating Challenge – December 1st – Jan 30th
- [Lab Week 2026](#) will be held April 19-25, 2026.
 - Theme and logo: "Lab Story: To Infinity and Beyond For Our Patients"

January 2025

The Culture and Belonging Committee welcomes your ideas! Please use this QR code, or [link](#), to submit anonymous suggestions, comments or concerns.



👉 [Click here to share your updates](#) or use this QR code

SCAN ME



Stay up to date by following us!

Insta: wakepath
X: Atrium_WakePath

THE LAUGH LAB

Why doesn't anyone listen to each other on New Year's Eve?

Because their words go in one year and out the other.

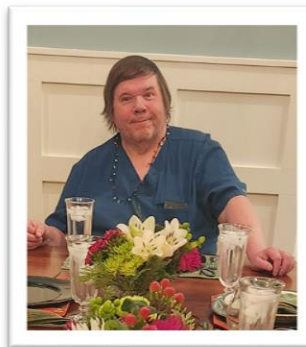
I always visit my local tire shop on New Years.

Then I will know it will be a Goodyear!



FACULTY AND LABORATORY ACHIEVEMENTS

- **William Harrison, MD** presented a lecture on Dec. 3rd at the annual Eastern North Carolina Death Investigation Seminar entitled "Under Pressure! From Swelling to Silence: The Neuropathology of Cerebral Edema, Increased Intracranial Pressure, and Brain Death."
- **Laura Leonard (F-ABMDI)** passed her boards for fellow certification with the American Board of Medicolegal Death Investigators. Congratulations Laura!
- **Lynne Rosenblum, PhD** – The Wake Forest Cytogenetics Lab is pleased to announce that one of our technicians, **Jose Rodriguez**, recently passed his American Society for Clinical Pathology (ASCP) Cytogenetics Certification exam. Jose joined the lab in August 2024 and has become a valued member of our team. We are so proud of this accomplishment. Congratulations Jose!
- The Molecular Pathology Cytogenetics Lab welcomes technologist **Fatima Osorio Guzman, CG(ASCP)**, to the FISH team. Fatima joins us from the MD Anderson Cancer Center School of Health Professions, where she completed her BS in Cytogenetic Technology in August 2025. She started on December 8th—welcome to the team, Fatima!
- **Olga Cass**, one of our Wake Forest Cytogenetics Lab technicians, recently passed her American Society for Clinical Pathology (ASCP) Molecular Biology Certification exam. Olga has been a clinical lab technician at Wake Forest for 29 years and joined the Molecular Genetics lab in July 2022. We are so proud of this accomplishment and of having her as a member of our team. Congratulations Olga!
- **Beth Gallos – Jeff Johnson** is celebrating 45 years with the Critical Care Lab! Jeff is the cornerstone of our lab and our go-to person. While many people stay with an organization for long periods, Jeff has stayed in the same lab running blood gases and mentoring generations! We appreciate and love him and want him to know that we are so thankful for his service to our lab and our patients.



WHAT OUR RESIDENTS AND FELLOWS ARE UP TO

- Interviews are now complete! Please stay tuned for upcoming updates and additional information.

2025 HOLIDAY CELEBRATIONS!

- Pathology Technical and Data Services Unit (PTDSU) team's recent holiday lunch and tacky gift exchange.

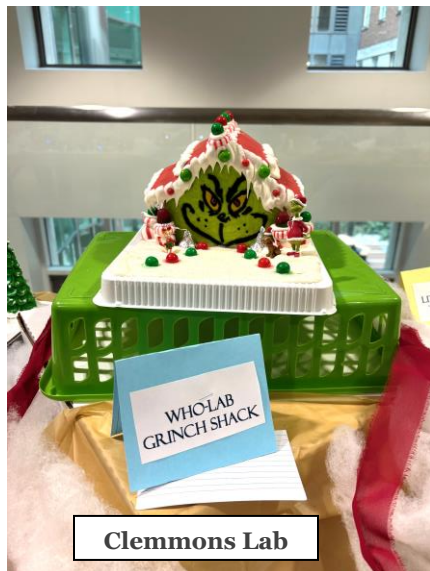


2025 Pathology Dept. Holiday Party!



2025 GINGERBREAD HOUSE WARS ❖

Our Competitors:



Nine teams comprised of labs and pathology teammates, brought their A-game to our Annual Gingerbread House Throwdown! The creativity was off the charts—every group turned in awesome, uniquely decorated houses and barns. Thank you to everyone who participated and made this event a festive celebration, sparking some friendly competition and holiday cheer.

A special shoutout to those who helped pick the top three—every one of the 152 votes was counted! Here are your winners:

- **Third Place:** Congratulations to The Central Processing Lab for their hilarious spin on *A Christmas Wizard of Oz*!
- **Second Place:** The Autopsy Lab wowed us with their *Snowy Night of the Living Bread* house!
- **First Place:** The Stem Cell Transplant Cellular Therapies Lab took home the top prize with their *Christmas Morning Lakeside Community*!

Thanks again to all who joined in the fun—can't wait to see what you cook up next year!

2025 HOLIDAY CELEBRATION MEAL!

Our Pathology Department's holiday meal event was a tremendous success, and we were able to serve more than 285 individuals for breakfast, lunch, and dinner.

