

Wake Forest School of Medicine

Academic Year 2025 – 2026

FOUNDATIONS 1 - Class of 2029: Charlotte

Y1 Orientation	Thursday, July 10 through Friday, July 11, 2025
White Coat Ceremony.....	TBD
F1 LAUNCH Course	Monday, July 14 through Friday, August 01, 2025
Metabolism and Defense Course	Monday, August 04 through Friday, September 26, 2025
Labor Day	Monday, September 1, 2025
Microbiology and Infectious Disease Course	Monday, September 29 through Friday, October 24, 2025
Medical Student Research Day	TBD
RIA Week	Monday, October 27 through Friday October 31, 2025
Endocrine and Reproduction I Course .	Monday, November 3 through Friday, November 21, 2025
Term 2 Begins	Monday, November 24, 2025
Retesting Days	November 24 and November 25, 2025
Thanksgiving Recess Begins	Wednesday, November 26, 2025
Classes Resume.....	Monday, December 1, 2025
Digestive System and Nutrition Course	Monday, December 1, 2025 through Friday, January 16, 2026
Exam Day.....	Friday, December 19, 2025
Winter Recess Begins	Monday, December 22, 2025
Classes Resume.....	Monday, January 5, 2026
Martin Luther King Jr Day	Monday, January 19, 2026
Hematology Course	Tuesday, January 20 through Friday, February 13, 2026
RIA Week	Monday, February 16 through Friday, February 20, 2026
Neuroscience Course	Monday, February 23 through Friday, April 24, 2026
Spring Recess Begins.....	Monday, March 30, 2026
Classes Resume.....	Monday, April 6, 2026
RIA Week	Monday, April 27 through Friday, May 01, 2026
MD Alumni Weekend 2026.....	Thursday, May 1 through Sunday, May 3, 2026
Exam Day.....	Monday, May 4, 2026
Retesting Day.....	Tuesday May 5, 2026
F1 Ends	Tuesday, May 5, 2026
Summer Recess (9 ½ weeks)	Wednesday, May 6 through Friday, July 10, 2026

Foundations 2 begins on Monday, July 13, 2026