

Wake Forest School of Medicine

Academic Year 2025 – 2026

FOUNDATIONS 1 - Class of 2029 Winston Salem

Y1 Orientation	Thursday, July 10 through Friday, July 11, 2025
White Coat Ceremony.....	TBD
F1 LAUNCH Course	Monday, July 14 through Wednesday, July 23, 2025
Human Structure and Function Course.....	Thursday, July 24 through Friday, October 24, 2025
Labor Day	Monday, September 1, 2025
Medical Student Research Day	TBD
Metabolism & Defense Course	Monday, October 27 through Friday, November 21, 2025
Term 2 Begins	Monday, November 24, 2025
Retesting Days	November 24 and November 25, 2025
Thanksgiving Recess Begins	Wednesday, November 26, 2025
Classes Resume.....	Monday, December 1, 2025
Microbiology and Infectious Disease Course	Monday, December 01, 2025, through Wednesday, January 21, 2026
Exam Day.....	Friday, December 19, 2025
Winter Recess Begins	Monday, December 22, 2025
Classes Resume.....	Monday, January 5, 2026
Martin Luther King Jr Day	Monday, January 19, 2026
Retesting Days	January 22 and 23, 2026
Neuroscience Course	Monday, January 26 through Friday, March 27, 2026
Spring Recess Begins.....	Monday, March 30, 2026
Classes Resume.....	Monday, April 6, 2026
Digestive System and Nutrition Course.....	Monday, April 6 through Friday, May 1, 2026
MD Alumni Weekend 2026.....	Thursday, May 1 through Sunday, May 3, 2026
Exam Day	Monday, May 4, 2026
Retesting Day.....	Tuesday May 5, 2026
F1 Ends	Tuesday, May 5, 2026
Summer Recess (9 ½ weeks)	Wednesday, May 6 through Friday, July 10, 2026

Foundations 2 begins on Monday, July 13, 2026