

YOUR PATH TO MEDICINE

Admissions guide to Wake Forest University School of Medicine



Wake Forest University
School of Medicine

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WELCOME

Thank you for your interest in Wake Forest University School of Medicine. Our mission – to improve the health of our region, state and nation – includes providing our students with an exemplary education.

The Office of MD Admissions is proud to play a role in that mission by admitting accomplished and diverse candidates who possess high professional standards, a love of lifelong learning and a commitment to serving others.

The Committee on Admissions members are honored to meet such talented and exceptional applicants and invite them to join our close-knit community.

We look forward to reviewing your application and guiding you through the admissions process.

Please contact us at 336-716-4264 or medadmit@wakehealth.edu and let us know how we can be of assistance.



Daryl Rosenbaum, MD

Associate Dean of Admissions
and Student Financial Services



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WAKE FOREST UNIVERSITY SCHOOL OF MEDICINE & ATRIUM HEALTH WAKE FOREST BAPTIST

Wake Forest University School of Medicine has been educating highly skilled physicians since 1902. The school, through its affiliations with Wake Forest University, Atrium Health Wake Forest Baptist, and Atrium Health Carolinas Medical Center, ensures you will receive one of the finest medical educations offered at a nationally ranked institution. With our main campus in Winston-Salem and the addition of our newly accredited regional campus in Charlotte, you will have opportunities to obtain unique in-depth and valuable clinical experiences that can only be found through a strong partnership between an academic health learning system and a community-based health care system.

Today, Wake Forest University School of Medicine occupies a firm position among the best medical schools in the United States and directs the education of nearly 1,800 health professions students, residents and fellows, through more than 1,300 faculty, including physicians, basic scientists and allied clinical professionals.

You will learn from faculty with a wide range of specialties across our healthcare system, from our researchers translating research from the bench to the bedside and from our practitioners in our hospitals and clinics. But when it comes time for classroom work, you'll find these experts at the Bowman Gray Center for Medical Education, a state-of-the-art facility designed for a modern education, anchored by an experiential curriculum that includes simulations that mimic real clinical events.

The School of Medicine is also among the top U.S. academic medical centers in total funding from the National Institutes of Health (NIH). The school currently receives around \$274.8 million in research funding from federal and state agencies, industry and other sources. It is a leading research center in the fields of public health sciences, aging and cognition, addiction, cancer, heart and vascular, diabetes, metabolism and obesity, neurosciences, and regenerative medicine.

When you are here, there is no lag time between concept and application. Within your first week, you will be in the hospital interacting with patients. As part of Atrium Health Wake Forest Baptist and Atrium Health Carolinas Medical Center, you can expect a variety of patient experiences.

As the Triad region's only Level 1 adult trauma center, our main campus located at Atrium Health Wake Forest Baptist Medical Center in Winston-Salem is well-known for handling complex medical cases. With clinical expertise in more than 100 specialties including cancer, cardiology, geriatrics, nephrology, neurosciences, obstetrics and gynecology, orthopedics, pediatrics and urology, patients from across the country rely on Wake Forest Baptist for quality health care and compassionate service. Our regional system consists of multiple hospitals specialty clinics, diagnostic centers and a large network of primary care facilities that serve 24 counties in northwest North Carolina and southwest Virginia.

Our adult care is complemented by the expertise of Brenner Children's, located at the Winston-Salem campus. Brenner offers a full range of specialized pediatric services and was the first Level I pediatric trauma center in North Carolina. With a state-of-the-art labor and delivery unit and a Level IV NICU with private rooms, we are leading the way in family care.

Wake Forest Baptist's clinical, research and educational programs are annually ranked among the best in the country by *U.S. News & World Report*, and our academic learning health system serves as a major research and innovation center with significant contributions to biomedical and health science research, nationally and globally.

With an education from Wake Forest University School of Medicine, you'll find a wealth of resources in our expansive network, giving you the skills you will need to become part of the next generation of physician leaders.

WAKE FOREST UNIVERSITY SCHOOL OF MEDICINE & ATRIUM HEALTH CAROLINAS MEDICAL CENTER

Wake Forest University School of Medicine students have the opportunity to complete clerkships at our regional clinical campus in Charlotte during the immersion and individualization phases of our curriculum. Carolinas Medical Center is the hospital of Atrium Health in Charlotte and serves as the region's only Level I trauma center. We are an approved transplant center for heart, kidney, pancreas and liver. We also serve as one of five academic medical center teaching hospitals in North Carolina, providing residency training for more than 200 physicians in 15 specialties.

Carolinas Medical Center has been named the Best Hospital in the Charlotte region by *U.S. News & World Report* for five years in a row. Also located at CMC is Levine Cancer Institute's academic and research headquarters, Carolinas Rehabilitation (named a Best Hospital for rehabilitation) and Levine Children's Hospital, consistently ranked as a Best Children's Hospital in multiple specialties by *U.S. News & World Report*.

Wake Forest University School of Medicine and Innovation District

Wake Forest University School of Medicine will soon break ground on a 20-acre site in Midtown Charlotte, just three-quarters of a mile from Carolinas Medical Center. Our Charlotte campus will also house an innovation district, which promises to reshape the landscape of medical education through innovation, technology and diversity. It will also shift the local industry landscape as we incubate, develop and scale life science businesses into the companies of Charlotte's future.



"We have been so well-trained that we are ready to hit the ground running after graduation."

— Devin Johnson, MD
Class of 2021

OUR STATE-OF-THE-ART MEDICAL EDUCATION BUILDING

Welcome to the Bowman Gray Center for Medical Education, a 168,000-square-foot building in the dynamic Wake Forest Innovation Quarter that was designed with the next generation of physician-leaders in mind. This building – once part of a major tobacco manufacturing plant – gives students access to one of the most advanced medical school curricula in the country. We prepare students for real-life experiences in the most modern of settings available for clinics and exam rooms, complete with new informatics and technologies commonly used in patient care today.

In addition to training in the most advanced environments for outpatient clinics, medical students and faculty learn in small group learning spaces, an anatomy lab, clinical skills labs and patient simulation suites. Support services include a student relaxation and wellness spaces, faculty offices and meeting spaces that enhance student life and mentoring opportunities.

Housed within the Winston-Salem Innovation Quarter, the Bowman Gray Center for Medical Education adds to the growing synergy among the city's academic institutions and supports technological collaboration, entrepreneurial opportunities and community involvement, as well as social, economic and professional growth to its residents.

"We are proud to be transforming medical education as boldly as we've transformed this facility, and leading the way in innovation," said Julie Ann Freischlag, MD, FACS, FRCSEd(Hon), DFSVS, chief academic officer of Atrium Health Enterprise, chief executive officer of Atrium Health

Wake Forest Baptist and dean of Wake Forest University School of Medicine. "We are creating a challenging and empowering culture of learning at our School, a dynamic, engaging student experience.

"With the expansion of the School into a second campus in Charlotte," said Freischlag, "we now have this amazing opportunity to build upon our existing, leading-edge programs at our home campus in Winston-Salem to create a next-generation, experiential learning curriculum that ensures, on Day 1, our students are equipped with the purpose-driven knowledge, skills and experience they need to become successful caregivers and leaders in providing the best care for all."

We are committed to help students reach their greatest potential. Our goal is to develop great doctors – compassionate, curious, innovative, insightful and resilient – the kind of doctors we all want as partners on our inter-professional health care teams, the doctors who will lead the way tomorrow.

"We are proud to be transforming medical education as boldly as we've transformed this facility, and leading the way in innovation."

— Julie Ann Freischlag, MD, FACS, FRCSEd(Hon), DFSVS
Chief Academic Officer, Atrium Health Enterprise
Chief Executive Officer, Atrium Health Wake Forest Baptist
Dean, Wake Forest University School of Medicine



Values

- **Excellence:** demonstrate the highest standards of patient-centered care, education, research and operational effectiveness
- **Compassion:** respond to the physical, emotional, spiritual and intellectual needs of all
- **Service:** cultivate selfless contribution for the greater good
- **Integrity:** demonstrate fairness, honesty, sincerity and accountability
- **Diversity:** demonstrate respect for and inclusion of all backgrounds, identities, experiences, and perspectives
- **Collegiality:** foster mutual respect, facilitate professional growth and mentorship, and reward teamwork and collaboration
- **Innovation:** promote creativity to enhance discovery and the application of knowledge
- **Safety:** embrace a culture of reliability through better process design and accountability

LIVING IN WINSTON-SALEM

Winston-Salem, known as “the City of Arts and Innovation,” provides an ideal lifestyle for a student. With a perfect blend of leisure activities suitable for all types and a thriving innovation district, our city attracts some of the best and the brightest.

There’s never been a better time to live in Winston-Salem with its blend of students, techies and artists, low cost of living, and an eclectic mix of activities and neighborhoods. With a prime location close to major cities and sites on the eastern seaboard, Winston-Salem is perfectly poised to give that big-city vibe without all the big-city hassles.

Our vibrant downtown area includes an assortment of restaurants, bars, breweries and attractions such as the Stevens Center for the Performing Arts, the Milton Rhodes Center for the Arts and Truist Field. The Downtown Arts District, centered around Trade and Liberty streets, is home to an ever-expanding lineup of unique galleries, shops and festivals. Your academic home, Bowman Gray Center for Medical Education, is literally steps away from all the activity in one of the city’s most well-known hot spots: the Innovation Quarter.

Class in the City’s Center: Innovation Quarter

The Innovation Quarter is one of the fastest-growing urban-based innovation districts in the United States and is home to Wake Forest University School of Medicine’s state-of-the-art facilities. With more than 170 companies, it serves as a hub for research, business and education in biomedical science, information technology, digital media, clinical services and growing number of amenities such as salons, bars, restaurants, a cycle shop and a sundry mercantile.

This robust knowledge community is also known for its focus on culture and wellness. From pop-up dance performances, free outdoor yoga, lively concerts and cinema under the stars, you’ll discover a full calendar of events. Foodies can dine on tapas, Napolitano pizza or Southern-inspired dishes

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“Visitors can enjoy a taste of Winston-Salem, thanks to seven craft breweries in a one-mile radius, more than 80 locally owned restaurants and cafes (many of which are women-run) and an array of live music venues, eclectic art galleries and innovative cocktail lounges.”

— Forbes, December 2018





Living in Winston-Salem (continued)

within the local food scene along with a rotating schedule of food trucks that park at the Innovation Quarter's prime spot to hang out: Bailey Park. A 1.6-acre green space with a stage and patio, Bailey Park is one of the city's epicenters for cultural activities. In addition to its regular programming, the park hosts large-scale events throughout the year, including the Winston-Salem Cycling Classic, the Gears & Guitars music festival and a local Juneteenth celebration.

If you like to get outside, Bailey Park isn't your only option. Long Branch Trail, a 1.7-mile greenway, runs past the back entrance of the Bowman Gray Center for Medical Education. After class, hop on a bike or slip on your running shoes to get a unique view of the city's skyline or connect to the city's larger greenway system for a 20-mile loop around Salem Lake and back.

The Innovation Quarter is also rapidly becoming a hub of entrepreneurship with varied programming such as Venture Café Winston-Salem, a cultural engine for driving local innovation and entrepreneurship. Get in on Venture Café's weekly Thursday Gatherings, an intentional space for students, CEOs, artists, scientists and other professionals to build community and inspire entrepreneurial action.

The Winston-Salem Experience

If the Innovation Quarter (and your studies) don't keep you busy enough, Winston-Salem is also an optimal launching spot to explore the state from the mountains to the coast. You can be on the Blue Ridge Parkway within an hour or head east to one of North Carolina's pristine beaches. If you prefer, stay close to home and explore one of our many parks, concert venues and museums, including Reynolda House Museum of American Art—a premier collection of American art—or don your black and gold for one of Wake Forest University's sporting events (students often get free tickets!).

With a balmy climate and plenty of sunshine, our city is sure to lift your mood. Part of Winston-Salem's uniqueness derives from its range of higher education institutions, including a top-ranked creative and performing arts conservatory, a historically black university, the oldest educational institution for women in America, one of the largest community colleges in the state, and, of course, Wake Forest University. This influx of diverse individuals keeps the city energetic and moving.

Against the backdrop of this well-educated community and thriving ecosystem, you'll find your place here.

"Winston-Salem is a region on an upward trajectory that still maintains its Southern roots. This slow and steady growth has preserved the region's small-town feel while allowing for improvements, such as repurposing old textile and tobacco factories...the region has become a fertile land for entrepreneurs and small businesses."

— U.S. News & World Report, July 2021



LIVING IN CHARLOTTE

Welcome to the “Queen City,” consistently ranked as one of the fastest-growing cities in the nation. It’s easy to see why, with its magnetic blend of diversity, culture and entertainment. Students will love to grow and thrive in a city with such a palpable energy.

In Charlotte, historic Southern charm meets a modern urban environment. Students will thrive in this diverse and appealing hub of arts, culture, sports and entertainment. The Charlotte area is home to 18 Fortune 1000 companies, including Bank of America, Lowe’s Home Improvement and Honeywell. In fact, Forbes.com recently ranked Charlotte seventh in the U.S. for Best Places for Business and Careers. With a reasonable cost of living, pleasing climate and endless activities, there’s no wonder everyone has their sights set on Charlotte.

Outside of the classroom, you will find endless activities. Charlotte is home to professional sports including the

Charlotte Hornets, Carolina Panthers, minor league baseball and the NASCAR Hall of Fame. The greater Charlotte area also has plenty to offer outdoor enthusiasts, including city greenspaces, parks, nearby Lake Norman, and the U.S. National Whitewater Center. Head to the 7th Street Public Market for an eclectic blend of food and crafts or ride the city’s streetcar through historic neighborhoods. The city’s burgeoning South End is home to local breweries and restaurants. The Midtown area is a bustling and diverse area that will soon be home to the second campus of the Wake Forest University School of Medicine.



UNIQUE TRAINING & RESEARCH PROGRAMS

Rapid changes in medicine require an evolving and innovative education program that responds to this changing environment. Bowman Gray Center for Medical Education houses a simulation center for clinical training and competitively chosen summer research experiences for medical students.

The Wake Forest Center for Experiential and Applied Learning (CEAL)

The Wake Forest Center for Experiential and Applied Learning (CEAL) provides a state-of-the-art simulation environment for students to practice quality and patient safety techniques and protocols. At Bowman Gray Center for Medical Education, CEAL is comprised of approximately 19,000 square feet including an emergency department/trauma room, an operating/procedures room, an intensive care unit (ICU) room, an advanced clinical skills suite, an anatomy teaching lab, 20 exam rooms (including two hospital-size rooms) and a control room for assessment.

The CEAL space is designed to provide unique opportunities for practicing transitions of patient care from one environment to the next across the health care provider spectrum. The trauma, procedures and ICU rooms are used for key instructional events that promote teamwork, interprofessional collaboration and clinical skills acquisition. Students will have the opportunity to engage with state-of-the-art simulation equipment to advance their medical skills related to trauma, pregnancy and delivery, pediatrics, advanced life support and other health care-related occurrences.

The anatomy lab has been carefully designed with state-of-the-art features to house cadaver dissections and prosection to teach the next generation of learners. Features include group learning bays and projection of the central learning station to monitors that help students. While mainly used by the health system, over 12,700 square feet of CEAL space exists at Wake Forest Baptist including space for simulation, surgical skills practice, ultrasound and anatomy.

Students also will have access to the Carolinas Simulation Center at our regional clinical campus in Charlotte. This multidisciplinary simulation center serves the training needs of Atrium Health's Carolinas Medical Center and related entities, as well as health care providers and community groups from the surrounding region. The Simulation Center provides health care professionals the opportunity to use a variety of simulation modalities to practice procedures and clinical patient care situations, to learn proper techniques and to improve decision-making skills in a safe, learning and interactive environment. One of the program's priorities is conducting research for continuous improvement of simulation educational methods.



Unique Training and Research Programs (continued)

Medical Student Research Program

The Medical Student Research Program (MSRP) is a nine-week, full-time summer research experience. Selection is through a competitive process. Participants work with a faculty mentor to conduct a small research project in basic, clinical or community-based research and participate in a weekly research workshop and summer lecture series.

- A modest stipend is provided in accordance with NIH funding guidelines. The MSRP covers funding for stipends.
- Students will work on their projects for 40 hours a week for nine weeks. Attendance at research ethics seminars is required.
- All students are expected to present their research at Medical Student Research Day, held each October.
- Faculty sponsors, agreeing to supervise the project and provide necessary space, supplies, equipment and monitoring, serve as mentors for MSRP participants.
- Faculty interested in serving as mentors will submit brief project descriptions that are shared with all medical students in January of each year. Students can choose a project from this list or develop an idea of their own.
- To obtain a research fellowship, the student must submit an application that will be evaluated on the potential quality of the research training experience.



Wake Forest University School of Medicine Sponsored Certificate Programs

Certificate programs offer medical students an opportunity to engage in highly innovative instruction of special interest to many residency training programs. These noncredit-bearing opportunities allow students to personalize their educational experience, develop special interests and demonstrate outstanding motivation to residency selection committees.

- The Active Resilience Training in Medicine Certificate Program is designed to foster character growth in the face of adversity and provides instruction in the following “pillars” of resilience: cognitive, emotional, physical, spiritual and “learned response.”
- The Advanced Bedside Ultrasound Certificate Program goal is to provide instruction in advanced ultrasound techniques and knowledge to positively impact health outcomes.
- The Advanced Training in Gender & Sexual Minority Health Care Certificate Program is designed to support the cultivation of critical knowledge to enhance the delivery of quality, culturally competent, patient-centered care to LGBTQIA+ communities.
- The Financial Literacy and Resilience Education Certificate Program offers instruction to fourth-year medical students in an array of personal finance and practice management topics to enhance career satisfaction and reduce risk of career burnout.
- The Global Health Certificate Program provides interdisciplinary global health education, emphasizes biomedical, sociopolitical, economic and geographic factors, and addresses health of underserved populations in our own community.
- The “Maestro” Medical Spanish Certificate Program is a longitudinal program that trains linguistically and culturally competent physicians who can provide care in Spanish for the increasing number of Hispanic patients in the U.S.
- The Medical Education Certificate Program improves student knowledge of the science of learning in order to improve their performance as educators. This is accomplished through learner-faculty collaboration to enhance the School's curriculum and creation of inter-professional collaboration.
- The Mindful Medicine Certificate Program objective is to expose learners to empirically supported mindfulness-based skills that can be integrated immediately into their daily lives in order to reduce stress, cultivate healthy compassion for self and others and improve resiliency. The ultimate goal is to reduce the likelihood of burnout.
- The Radiology Scholars Certificate Program is a one-year interactive curriculum that promotes and recognizes achievement in radiology while enhancing students' proficiency with interpreting medical imaging to benefit all students independent of their specialty interest.
- The Safe Zone Training Certificate Program provides an education and experience-based program with the goal of training future health care providers in culturally competent care for LGBTQ+ patients.
- The Service Learning Scholars Certificate Program promotes development of awareness and skills to partner with communities and assist them in addressing their needs and priorities. In addition to learning about issues in the local community, participants develop the knowledge and confidence to be a physician advocate.





LAUNCH

LAUNCH is an innovative, three-week course designed to inspire first-year medical students as they begin their journey through medical school as well as to create a foundation of knowledge, skills and strategies that will help students navigate successfully the four years of medical education and beyond. While the curriculum is presented via online and experiential face-to-face learning activities, the primary mode of interaction and teaching during LAUNCH is through sharing stories and stimulating conversations. LAUNCH not only introduces first-year curriculum content, including Anatomy and Clinical Skills, but also includes introductions to learning strategies, acclimation to the medical profession, exploration of careers in medicine and health living skills for your future as a medical professional.

The course content will be structured around the following themes represented in the LAUNCH acronym and described below:

- L** Learning strategies
- A** Acclimation to medical profession
- U** Understanding oneself
- N** New terms and ideas
- C** Careers in medicine
- H** Healthy living

Transition to Residency (TTR)

Transition to Residency is the Wake Forest University School of Medicine capstone course focused on providing students a preparation for being day-one-ready for internship. The course offers multiple types of environments and methods, including plenary topics that are useful for all, electives that run the gamut of topics and specialties, a specialty day where the focus is solely on topics related to the students' specialties, an interprofessional patient stabilization workshop, a workshop training students how to teach as an intern, the opportunity to be the first one to answer and respond to real-time pages and more. Exciting

curricular updates, based on the input from student design groups, are being made each year to prepare graduates to excel in internship. For example, School of Medicine students have the opportunity to be on the leading edge of graduating medical students by having the opportunity to complete DEA-X training, which is developed nationally and approved for certification on the recognition of opioid use disorder, management of opioid use disorder, evaluation and treatment of pain, and responsible prescribing of naloxone and buprenorphine.

THE CURRICULUM

The Wake Ready curriculum allows students more flexibility to explore their interests and affords them the opportunity to differentiate themselves based on their unique pathway and accomplishments. The goal of Wake Forest University School of Medicine is to graduate outstanding clinicians, educators and scholars who are positioned for outstanding performance to succeed in the top residency training programs in the nation.

There are three major elements within the Wake Ready curriculum and they include the following:

Foundations (Preclinical):

- Students develop and demonstrate competence in the key entrustable professional activities (EPAs) required for outstanding clerkship performance.
- This preclinical phase will emphasize simulated and actual patient care experiences and assessments.
- Students are well-prepared with the basic science and clinical knowledge to perform well on Step 1.

Immersion (Clinical):

- Students are immersed in clinical environments for experiential learning about the common conditions and skills expected of a School of Medicine graduate.
- Students develop and demonstrate competence in core EPAs for residency program entry.

Individualization (Clinical):

- An individualized clinical training phase of the curriculum, allowing students significant flexibility in adapting their

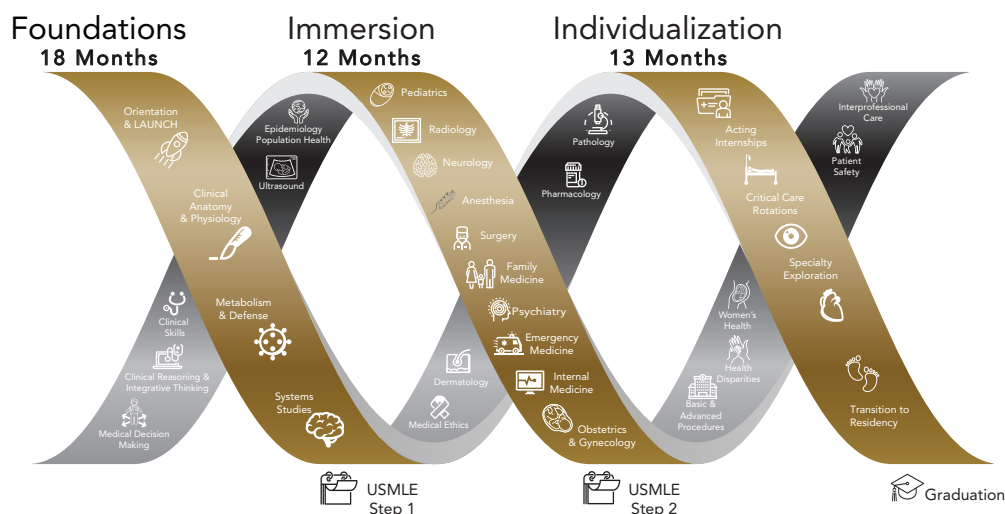
training to meet the demands and expectations of their career path, yet broad enough to be prepared for the expectations of an intern.

- Culmination of training to demonstrate achievement of Wake Forest University School of Medicine competencies and EPAs.

Academic Coaching

Our goal of the Office of Academic Excellence is to help students reach their academic potential. Our passion is to make learning efficient, effective and enjoyable. Our mission is to create a positive coaching environment for all students to maximize one's potential regardless of academic levels. The overarching principles are data-driven, individualized and developmentally appropriate. We strive to provide tailored and practical approaches that can be applied to various learning situations and help create concrete study plans that result in measurable outcomes. Both faculty and near-peer students participate in academic coaching. We also collaborate with diversity leadership and integrate peers and near-peers to support underrepresented minority students to meet their needs.

Wake Ready!



Joint Degree Programs

Wake Forest University School of Medicine offers two five-year, joint-degree programs: MD/MA in Bioethics and the MD/MS in Translational and Health System Science (THSS). The MD/PhD joint degree is also offered and is a seven-year program. The MD/MS, MD/MA and MD/PhD are offered in conjunction with Wake Forest University Graduate School of Arts and Sciences.

Those interested in the MD/MS or MD/MA may choose to do the extra year of training after the second year of medical school.

The MD/MS provides a combination of course work in epidemiology and health sciences research and is designed for students with an interest in clinical research.

The MD/MA facilitates an interdisciplinary and comparative study of bioethics and medicine, encouraging students whose academic or career interest require gaining competence in both disciplines.

The MD/PhD program offers students rigorous training in both medicine and a basic science discipline available in the Graduate School. It is expected to be completed in seven years.

Applicants to the joint degree programs must be accepted to both programs via separate admissions processes.

Accreditation

The School of Medicine, a member of the Association of American Medical Colleges (AAMC), is fully accredited by the Liaison Committee on Medical Education (LCME), which represents the AAMC and the Council on Medical Education of the American Medical Association. The LCME

regularly evaluates medical colleges in the United States to ensure that appropriately high standards are being maintained and improved. Following its last accreditation review in February 2016, Wake Forest University School of Medicine's medical education program continues full accreditation.



Resource Center

Information technology is an integral part of the curriculum. Students may access most materials online via a variety of sources, in addition to a core collection of printed materials. Off-campus access is provided through a proxy server and VPN. The Office of Academic Computing provides hardware and software support. Access to electronic textbooks and computer-based educational materials is available via a dedicated student line on the Coy C. Carpenter Library webpage.

THE OFFICE OF STUDENT AFFAIRS

The Office of Student Affairs supports individual students and student groups across all educational programs throughout their time at the Wake Forest University School of Medicine. Student Affairs is primarily responsible for all large-scale events, the learning environment, oversight of all student groups and educational support programs for academic and career advising as well as educator development.

In conjunction with the Learning Communities (Houses), Student Inclusion and Diversity and Student Wellness, the Office of Student Affairs strives to achieve the following vision, mission and goals:

Vision: Engaged, empowered and cared-for students become engaging, empowering and caring health care professionals.

Mission: To support a challenging yet nurturing learning environment that produces innovative health care professionals equipped to provide exemplary patient care and to lead medicine into the 21st century.

Goals:

The goals of Student Affairs are as follows:

- Foster learner development as professionals by
 - Helping learners achieve academic success
 - Guiding learners through their career pursuits
 - Promoting wellness of the whole learner (intellectual, physical, emotional and spiritual)
- Supporting a Wake Forest University School of Medicine learning community that is free of mistreatment and embodies principles of integrity, diversity, inclusion and mutual respect
- Cultivating a culture of inclusion for Wake Forest University School of Medicine learners through recruitment and retention of exceptional diverse learners
- Maintaining pathways to careers in medicine and science for all learners

"In every step of the way, I have found friendship and encouragement in Yellow House." — Jennifer Hadley, Class of 2022

Student Resources

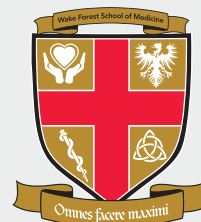
Learning Communities (Houses)

Beginning in 2013, Wake Forest University School of Medicine established Learning Communities or "Houses" in support of the education of the students. Medical students are randomly assigned to four, color-coded Houses with their own unique mottos. With their House, each student is assigned a clinical skills coach with whom they will meet regularly for coaching and career advising during the first and second years. At these meetings, the coach and student discuss the student's general academic progress, study-life balance and early career exploration. Upon transition to the clinical years, students will be assigned to an advanced career adviser and will have access to a host of specialty advisers representing many of the major subspecialties. Students may connect with these advisers at any time for guidance and support. This team mentoring approach builds a solid foundation of support for medical students from day one of medical school all the way to graduation.

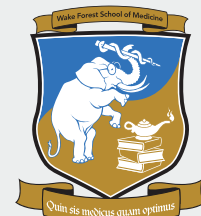
House Mottos



Green House: "While we live, we serve"



Red House: "In everything, compassion"



Blue House: "If you're going to be a doctor, be the best"



Yellow House: "We labor not for ourselves"



House Goals

The goals of the Learning Communities or “Houses” are as follows:

- Fostering relationships between student and faculty
- Vertical integration of medical students across class years
- Advising, mentoring and career planning
- Modeling medical professionalism
- Creating community service opportunities
- Social networking

The Office of Student Affairs (continued)

Academic Assistance

In the event of academic difficulty in a particular course or clerkship or more general problems of academic performance, students are advised to consult with the faculty director of the course(s), clerkship(s) or block(s) in question. Additionally, students may request academic support to improve or enhance their study, learning and test-taking skills by contacting our office or by completing the online appointment request to meet with an adviser.

Participation in Peer Assisted Learning (PAL):

Wake Forest University School of Medicine strongly supports a collaborative and inclusive learning environment. As such, students are encouraged to participate in our PAL program by becoming a tutor or benefiting from peer tutoring.

Career Planning

Advanced Career Advisers (ACA)

As students enter the clinical years of medical school, they are provided with additional support from a team of advisers whose expertise is the residency application process. They are also provided with contacts from the specialty in which they will apply for residency. ACAs provide academic and career advice, strategic schedule planning and interviewing advice specific to the specialty of choice. The primary goal of this relationship is to provide students with resources to most effectively obtain a successful residency match.

Structured Career Planning Sessions & Resources

The Office of Student Affairs sponsors small-group and class-wide career advising sessions, as well as online resources, to assist students in assessing their own preferences and evaluating career opportunities.

The following workshops are examples of typical career advising offerings throughout the year.

- Annual Student Group Fair
- Interview Prep
- Building a CV
- Mock Interviews
- Drafting a Personal Statement





The Office of Student Affairs (continued)

Office of Student Inclusion and Diversity

The Office of Student Inclusion and Diversity works across all areas of health care education to support the education mission of the medical school and its goal of excellence through inclusive and diverse measures. The associate and assistant deans for Student Inclusion and Diversity work with staff in the recruitment and retention of students from diverse backgrounds and help to create a learning environment that is culturally sensitive and supportive of all.

“... They have worked tirelessly to support student ideas and plans to continue the culture of diversity at Wake. I am truly grateful for the incredible amount of support and encouragement we’ve received from the Office of Student Inclusion and Diversity”

— Judy Ugwuegbu, Class of 2022

Counseling and Wellbeing Services

Medical student education can be stressful and demanding, with many competing commitments. Resilience and the ability to balance commitments to one’s self, others and the larger educational and professional context are key developmental capacities for adapting and thriving during this time of continuous learning and growth. Many students find that participating in wellness activities, connecting with

other students and seeking the support of counseling and learning professionals can enhance their ability to thrive in this intense and highly demanding environment.

It is with this awareness that the mission of Counseling and Wellbeing Services (CAWS) was developed. Our mission is to support and promote the emotional, intellectual, physical, social and spiritual wellness of students on our campus through wellness activities and counseling.

CAWS provides confidential and free counseling, coaching and wellness consultation sessions for medical students. Students make appointments directly with a wellness professional, and all information with respect to who is attending, as well as the context of the process, is confidential.

Group Wellness Activities

- Managing the Demands of Professional Life
- Couple Relationship Enhancement
- Mindfulness Meditation
- Yoga
- Zumba
- Pet Therapy

Counseling and Wellbeing Services

- Individual
- Couple
- Small Group

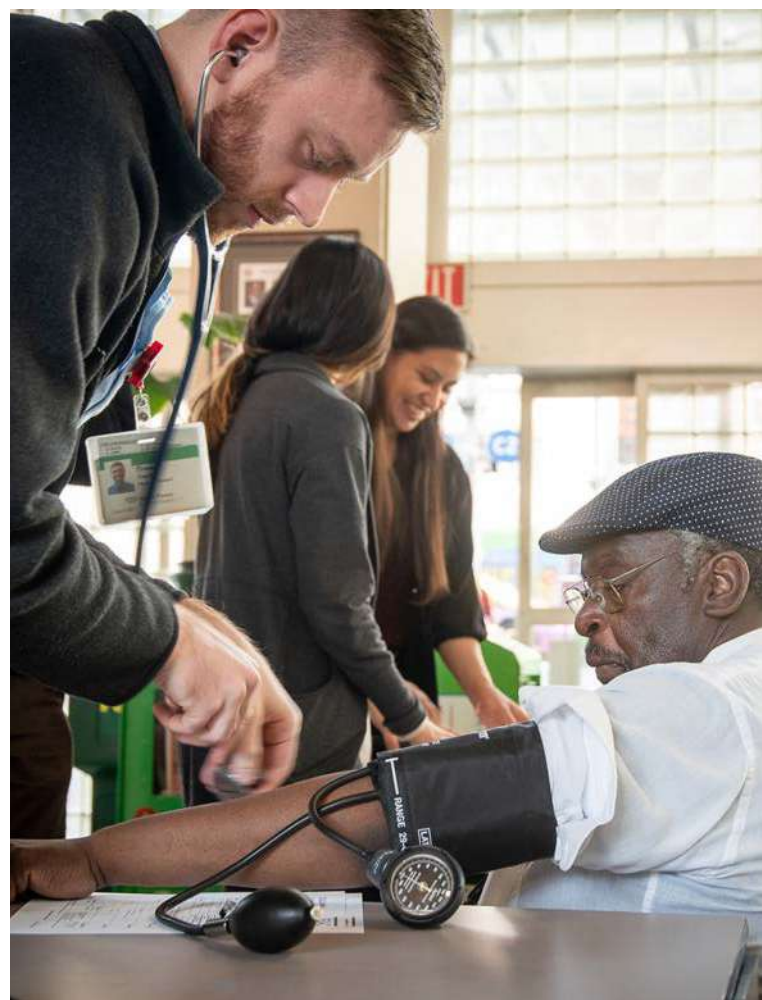
The Delivering Equal Access to Care Clinic (DEAC Clinic)

The DEAC Clinic is a student-run, physician-staffed free medical clinic for underserved, uninsured adults in the Winston-Salem area, located in a primary care clinic near the medical school building.

The DEAC Clinic was opened by medical students in 2008 with a mission to provide high-quality, free health care to underserved individuals within the Piedmont Triad area in a sustainable manner, while creating a unique service-oriented learning experience for the students of Wake Forest University School of Medicine. DEAC's vision extends to addressing social, economic and cultural determinants of health by bridging access to existing community resources, facilitating interpretation services and providing food and financial assistance.

Students from all programs at Wake Forest University School of Medicine and Wake Forest University volunteer at DEAC and gain experience in three essential elements of professional development: peer teaching, exposure to the social determinants of health and establishment of interprofessional relationships. In addition to providing primary care services to patients, DEAC also hosts monthly specialty clinics including cardiology, pulmonology, psychiatry, rheumatology and dermatology, with plans to expand specialty night offerings in the future.

In 2017, DEAC became the first student-run free clinic in the state to become a fully accredited member of the North Carolina Association of Free and Charitable Clinics. In 2017, DEAC was awarded a \$55,000 grant from the North Carolina Office of Rural Health to support its mission and continued provision of care to the underserved.



OFFICE OF GLOBAL HEALTH

For medical students, the Office of Global Health facilitates global health education, research and clinical opportunities, including:

- Short-term research or clinical experience activities during the summer after first-year and fourth-year electives
- The Global Health Certificate Program — helping to develop a broad understanding of local public health and global health and establishing essential competencies that will greatly affect career decisions
- Attendance and participation in the Annual Global Health Symposia

Global health missions are led by Wake Forest University School of Medicine faculty who have unique expertise in international health directed toward education, research, service, implementation, advocacy and policy. The School of Medicine has affiliations with a number of countries, including Costa Rica, Ghana, Spain and Japan. In addition, the School of Medicine has collaborative relationships with several innovative not-for-profit organizations, academic and other agencies based in Nicaragua, Dominican Republic, Moldova, Armenia, Serbia, South Africa, Uganda, Kenya, Tanzania and India.





When to Go?

Most medical students pursue opportunities in global health the summer after their first year or during an elective in their fourth year.

Summer after First Year

- Each year, more than 20 students travel to over 15 countries to engage in global health activities.
- The Office of Global Health is available to provide information about potential opportunities.

Fourth-year Elective

- Medical students can choose to participate in a four- or eight-week elective as an away rotation during their fourth year.
- Upon their return, students have the opportunity to showcase their respective elective in many ways, such as during the Annual Global Health Symposium or various electronic formats.

Financial Support

There are currently three scholarships to support medical students' involvement in global health initiatives.

• Pennell Pro Humanitate Vitae Fund

This fund was created to support and facilitate volunteer medical service and education in resource-limited countries by faculty, residents and students of Wake Forest University School of Medicine.

• Becton-Tannenbaum Award Fund

This fund provides financial assistance to one or more students enrolled in the MD program, at any level, for travel to a resource-limited country to gain an awareness of, and appreciation for, the medical communities and how they compare with the communities and systems in the United States.

• Wake Forest University Medical Missions Training Fund

This fund provides financial support for students and residents to travel to areas where the need for medical care is the greatest. The fund is designed to provide training for those who wish to pursue missionary work by visiting veteran Christian missionaries and working in clinics in areas of greatest need. It is intended to inspire participants in planning for future mission work.

"The trip renewed my dedication to working with underserved populations globally, which is why I chose medicine in the first place."

— Julia Mead, MD, Class of 2018

OFFICE OF FINANCIAL AID

The Office of Financial Aid is responsible for assisting students in obtaining the resources needed to meet the cost of their medical education, as well as serving as an educational resource for financial planning and debt management. We know that deciding how to manage funding for medical school requires careful consideration of your options, and we are here to help.

All prospective students are encouraged to begin the financial planning process early, as only students who apply each year by the deadline are considered for institutional need-based scholarships. Each student application is evaluated holistically as many factors are considered when determining financial need. Such factors include previous debt, family size, number of siblings in college and parental income. These elements establish a baseline for the overall need of the class.

The Dean's Medical Excellence Scholarship recognizes the academic achievements and potential of students who, through sharing varied cultural perspectives, will enhance the education of all Wake Forest University School of Medicine students and the excellence of the School of Medicine. These scholarships are awarded only to the incoming class, and no application is required.

Financial Aid Timeline

October 1

- Complete FAFSA for federal student aid consideration
- Complete CSS Profile for Wake Forest School of Medicine need-based aid consideration

March 15

- Deadline for FAFSA & CSS profile
- Deadline for tax returns

April 15

- Financial aid award notifications emailed

July

- Orientation
- First financial aid disbursement

December

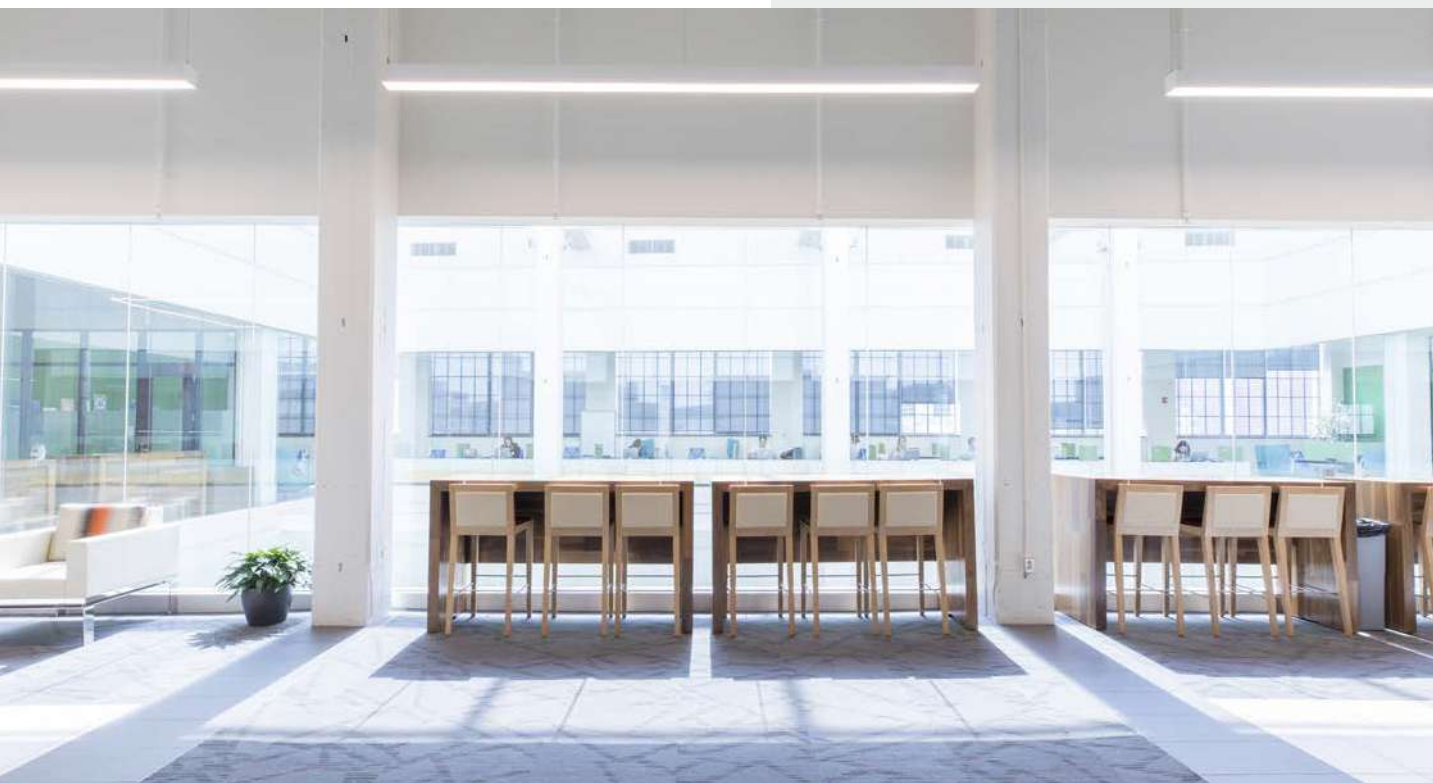
- Second financial aid disbursement

May

- First year completed

July

- Second year begins



DEACON ¢ENTS FINANCIAL WELLNESS

We believe that education is essential to promoting financial wellness, and we provide workshops to students and their families. Workshops are designed to expand students' understanding of money management strategies and resources that will empower them to make informed financial decisions.

During our workshops, we discuss:

- Designing a spending plan and money management
- Student loan repayment strategies
- Public service loan forgiveness
- Home buying
- Investing
- Insurance
- Credit scores
- Identity theft
- Scholarship resources

Most workshops are recorded and available for viewing in our Learning Management System, along with other financial literacy modules.

Private financial consultations are a core component of our financial education strategy. These consultations offer wide-reaching financial information tailored to the individual student.

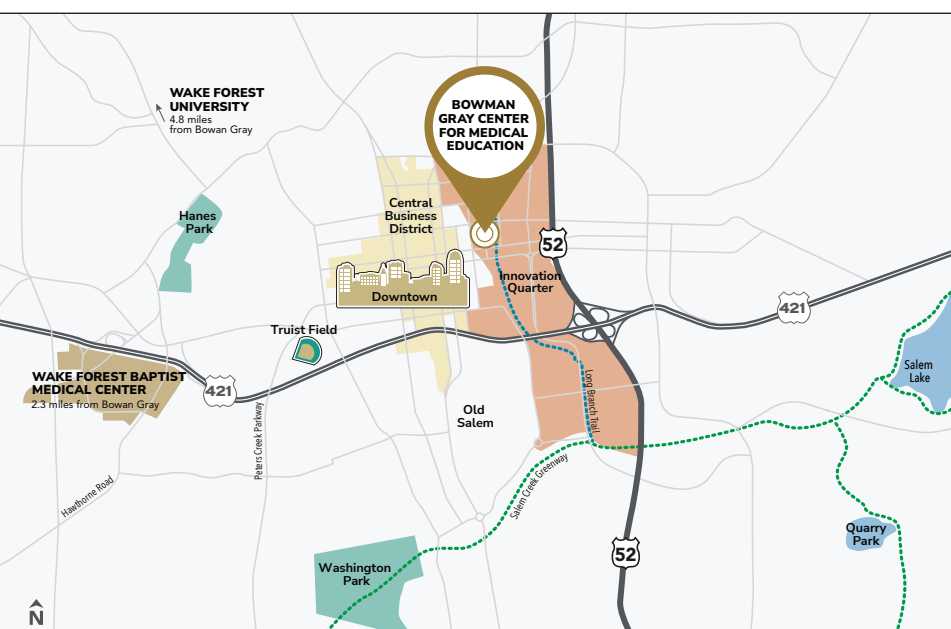


Cost of Attendance 2022 – 2023

Tuition	\$62,425
Laptop	\$1,222
Books	\$1,700
Lodging	\$10,000
Utilities	\$2,950
Food	\$4,800
Transportation	\$4,500
Miscellaneous	\$1,920
Health Insurance	\$4,452
Loan Fees	\$2,620
Total	\$96,589

“The Financial Aid Department is an invaluable resource and was extremely knowledgeable and accommodating. Our meeting has made me extremely comfortable with my financial plans for the future.”

— Medical Student Survey



Office of MD Admissions

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Office of Financial Aid

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Office of Student Inclusion and Diversity

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Wake Forest University
School of Medicine