

In This Issue

- Director's Message 2
- Our 75th Anniversary
- Instructor Recognized at AANA
- New Visual Identity 3
- Professional Development at AANA
- NCANA Meeting 4
- Lifespan Development
- Photo update 5
- Class of 2017 Graduation
- Notable First in Simulation 6
- Alumni Association & Updates
- Get Engaged 7
- Mentoring Leaders
- Clinical Corner
- Global Health Milestones

Contact Us

Ph: (336) 716-1411

Fax: (336) 716-1412

Email: napinfo@wakehealth.edu

Web: www.wakehealth.edu/Nurse-Anesthesia-Program

Support Your Nurse Anesthesia Program

www.wakehealth.edu/OnlineGift

Director's Message



This 75th anniversary year of our program provides a great opportunity to reflect on who we are and how we got here. The program is stronger than ever, and we have so much more than just longevity to celebrate this year. Excellence is never accidental. Former AANA Executive Director John Gard told me this many years ago. Although it may seem like a statement of the obvious, it is an important reflection of our nurse anesthesia program. Inside this edition, you will read about some incredible accomplishments of our students and faculty, and particularly how we are once again disproportionately prominent on the national stage. When you attend the AANA annual congress and see Wake Forest representatives being recognized for their accomplishment in academic and professional circles, this is neither attributable to luck nor trickery. It is simply that *we try*. The program has had a legacy of leadership, dating back to our roots. The program was only 6 years old in 1948 when Vella Nelson graduated, but she climbed the leadership ladder to become president of the AANA.

DNP Degree is Coming

Our DNP program has been under development by Dr. Lisa Mileto, our Associate Director for Doctoral Education. Dr. Mileto has been working tirelessly to lead the development, accreditation, partnerships, faculty development, and infrastructure to deliver an excellent new program. The degree has been approved by the School of Medicine leadership, and our accreditor. We plan to enroll our first cohort next fall. This mostly-online program will help the master's prepared nurse to develop their leadership and business acumen. We have developed a partnership with the Wake Forest School of Law to include some interesting health law courses, and the entire curriculum will provide the master's prepared nurse with the knowledge and tools to take on leadership roles and to make positive change in healthcare.

Email us at dnpinfo@wakehealth.edu to learn how to pre-reserve your slot.

Director's Message Continued

When applicants come to interview, we tell them bluntly, "If you are interested in developing your leadership potential, then this is the place for you. If not, you might really not enjoy the expectations we will place on you in that aspect of education." So, we recruit those who want to become leaders, we expose them to mentorship by those who have walked that path, and we support them to devel-

op their leadership passion in whatever way they wish. You cannot force someone to be excellent, nor can someone become excellent if there are insurmountable barriers in their path. We find that if we recruit those who want to reach for the stars and we open the doors for them, they will generally become accomplished. This benefits not only the individual, but also the program, as those individuals

then become part of the cadre of leaders who turn around to mentor the next generation. Our faculty and alumni continue to strive for excellence in leadership, and I can think of no better way to honor the legacy of Vella Nelson, Helen Vos, and all of the Wake Forest graduates who have successfully climbed the leadership ladder to make this program what it is.

Program Celebrates 75th

The program celebrated our 75th anniversary with an event at the Forsyth Country Club on August 12. Approximately 100 alumni and friends gathered to celebrate the impressive history of the program. Some notable alumni present included Susan Hammond (class of '60), Jane Turner (class of '66) and Henry Turner, Betty Petree and Nancy Bruton-Maree (class of '74), and Sandy Ouellette (class of '69). We appreciate that alumni came from as far as Texas (Lisa Barbee, class of '88) to attend the event. The class of 1992 stood out as having the best turnout, with almost the entire class in attendance.

The program included a presentation of the *Past, Present, and Future of the Nurse Anesthesia Program*. The "past" presentation came in the form of a video featuring interviews with alumni from each of the eight decades the program's history. Graduating senior Kristen Quirk provided a presentation on the "present", including accounts of her own global health and professional association experiences while in the program. Michael Rieker then presented the "future" of the program, discussing the current curriculum and structure and the continually-expanding opportunities that accompany our unique situation in

the School of Medicine. He also discussed the new DNP degree and how it will provide new opportunities for our graduates. At the end of the program, alumna Betty Petree (class of '74) was honored with induction into the Order of the Long Leaf Pine. This award is made by the governor for lifelong contributions to the state of North Carolina. Betty has been an outstanding clinician, educator, leader, and supporter of our profession for over four decades, and our anniversary celebration was an excellent venue to recognize her after her recent retirement.

Instructor Recognized at AANA

Grace Simpson came to North Carolina Baptist in 2008. Although she did not graduate from our anesthesia program, she has been a stalwart supporter of our program and of our students. She has served on various program committees, including the admissions committee. She has served as a focus-group clinical instructor for students struggling with clinical skills. Her evaluations by students are always outstanding. This past spring, in recognition for all of her support of the program, Grace

was voted to be conferred honorary membership in our alumni association. This was a great way to recognize Grace, but then we found an ever better way! Because of her positive impact as a teacher, the students nominated Grace for the AANA Clinical Instructor of the Year, which she was awarded at the AANA Annual Congress in Seattle. We are not only appreciative of Grace's contributions, but we are also proud to have an "AANA best" for a second year in a row (following Dr. Rieker's award as

Program Director of the Year at last year's meeting). The students' nomination noted that "Grace has a passion for teaching students... and stimulating each SRNA to think critically throughout their day. Grace is well-liked by students due to the fantastic and stimulating clinical days each SRNA will experience with Grace. It is always guaranteed you will leave a clinical day with Grace with new knowledge".

New Visual Identity

Our program has undergone an incredible amount of growth and advancement in the past decade. In that time, we implemented many new, value-added services. We progressed from paper exams, student evaluations, and class handouts to all-electronic systems. We also evolved from our association with the University of North Carolina to establish Wake Forest School of Medicine as our academic home. Our tagline of “Creating Excellence in Nurse Anesthesia” reflected a vision to instill a sense of broader purpose, higher professionalism, and professional stewardship in our students. With the implementation of a now-robust global health experience and a service learning requirement for all students, we have realized the vision established for the program in 2005. As we reach our

75th anniversary, it is a great opportunity to look toward the future and consider where we are and where we are going. What started as a 2-student hospital program has grown into a national leader in nurse anesthesia education. Although much is new, a great strength of our program is the history and legacy established by so many past leaders. We realize the successes of today are built upon the dedication and hard work of the past leaders such as Helen Vos, Sandy Ouellette, and others. This fall, we are also rolling out some new identity components. With input from students and faculty, the program logo and graduation pin design have been updated to reflect on the original design from the 1950’s, while also recognizing our current identity as one of four educational programs of the School of Medicine. Built

upon the historic diamond motif, the logo features an updated rendering of the anesthetist (a homage to the strong clinical basis of the NCBH program), our founding date of 1942, and “North Carolina Baptist Hospital” has been replaced with “Wake Forest School of Medicine” to reflect our new academic department. (You can see the new logo on the last page of this newsletter.) We realize that a unique strength that very few programs could ever endeavor to match is our combination of a long history with deeply-rooted legacy of leadership, along with an extremely current, forward-looking, and innovative approach. After soliciting input of students and alumni, we are unveiling our new tagline of “Established Excellence; Innovative Education”. This tagline highlights the juxtaposition of having the best of both worlds.

Professional Development at AANA

Professional development is a hallmark of the education at Wake Forest, and we seek opportunities for students to gain valuable learning and experience which will put them on the path to leadership in their careers. The student representative run is always a great opportunity for the class to learn about campaigning for a position and dis-



Devin Miller, AANA Student Representative with classmates and faculty.

seminating a message. This year, Devin Miller was selected by the class to run for the student representative position. Fellow students supported Devin at the AANA Congress, and he was elected into the exclusive position of student representative. This is a great moment of pride for us, as Devin is the fourth Wake Forest student to be elected to this position in the past seven years. Terrica Harris also seized an opportunity to explore professional development on the AANA Professional Development Committee (formerly the Continuing Education Committee). Terrica began her term this fall, and she has also made strides in the state by organizing a statewide student nurse anesthetist organization. We are proud and excited to have Terrica and Devin serving in these national positions. We were also very proud to see another

Wake Forest student on the winning college bowl team. This year, Nancy Cannon took the national stage to demonstrate the high quality education students receive at Wake Forest.



Devin Miller ('18) AANA Education Committee, and Terrica Harris ('18) AANA Professional Development Committee

NCANA Meeting

The 2017 NCANA meeting marked the culmination of the presidency of Kimberly Gordon ('07). Kimberly provided outstanding leadership to our state association over the past year, while also working very hard as a faculty member, supporting development of our DNP degree. The state meeting was a great success, with kudos to Sharon Pearce ('92), who chaired the program committee, and Whitney Benfield ('16) who served on the committee. Congratulations to Stacy Yancey ('16) who was elected Secretary of NCANA, and thanks to Cliff Gonzales ('06) who continues in his position as District 2 director.



Katie Lamb and Chelsey Cobb (Class of 2016) present on the topic of their global health capstone at the NCANA annual meeting.



Sharon Pearce (class of '92 and past AANA president), Dr. Bruce Weiner, AANA president, Luci New (instructor and honorary alumna), and Dr. Cliff Gonzales (class of '06, associate director, and NCANA district 2 director).

Lifespan Development

A program like Wake Forest does not exist just for throughput, but to support an institutional mission of developing *leaders* in nurse anesthesia. Leadership development is a long process; not something that we can do start to finish in 24 months. Although the bulk of meaningful activities do occur when students are enrolled and under the mentorship of our faculty and alumni, much of leadership development occurs before and after the regular program. Our lifespan development program supports this mission of developing leaders by providing guidance and mentorship throughout the career lifespan. Summer is our most active time for lifespan activities. We host a nursing student as our summer intern and a high school student in a teen volunteer role to learn about nurse anesthesia. We engage with hundreds of high school and college students over the summer in various career immersion programs, such as the

Camp Med program at Wake Forest. Our H₃A *Explore* seminar, now under the direction of Kristin Henderson, provides insight and guidance into nurse anesthesia for ICU nurses who aspire toward anesthesia school, while H₃A *On Board* provides a leg up for students who have been accepted to anesthesia programs in the coming year. We had the pleasure of hosting 54 ICU nurses representing 19 states in the H₃A seminars last summer, and we had nearly twice that number this summer. Great thanks to Kristin Henderson for very successfully expanding the H₃A offerings, so that we can make the opportunity available to many more nurses. We took the opportunity to interact with ICU nurses at the National Teaching Institute conference as well as university-based career fairs throughout the past year. Currently, we are developing new types of continuing education programs to support CRNAs in their ongoing clinical skills

development. These programs will mesh with the new CPC guidelines. For our alumni, please remember that you are a permanent part of our family. If we can help you formally or informally with your own clinical development, leadership aspirations, or other career goals, please do not hesitate to contact us. Your success is always our success (hint, who's up for earning a DNP degree?). Keep an eye out for our newest addition to the Lifespan Development lineup, a high-touch seminar in regional anesthesia. Kristin Henderson and Meredith Phillips are currently planning this latest continuing education offering, which will involve instruction in our new ultrasound lab and real hands-on experience in our cadaver lab. If you are interested in attending this seminar, drop us an email at napiinfo@wakehealth.edu, and we will give you first priority at registration.

Photo Update



Students at the national capitol, during the AANA mid-year assembly.



Students engaging in service activities, here while participating in a Habitat For Humanity build.



Sandy Ouellette with Mark Haffey ('01)



Students and faculty celebrate after Nancy Cannon's win at the AANA college bowl



Betty Petree displays her certificate, The Order of the Long Leaf Pine.



Michael Rieker with Jane Turner ('66) and Susan Hammond ('60) at the alumni celebration

Class of 2017 Graduation

Graduation ceremony for the class of 2017 was held on August 13. Dr. Brian Kradel (Wake Forest MD class of '88) delivered the graduation address. We were appreciative that Dr. Kradel and his wife Scarlett made the trip up from Florida to join in our celebration. Graduate Darcy Dennison-Harwood and her husband, Carey Harwood provided a musical interlude. Graduates were the first to receive the new program logo on their pins. The pinning ceremony was conducted by Sandy

Ouellette, Cliff Gonzales, and Kelly Tonkin, chair of the alumni association. Junior class representative Bill Cobb presented the Chal Maree award to Darcy Dennison-Harwood, Courtney Brown presented the Agatha Hodgins award to Daniel Gorelov, and Kimberly Gordon presented the challenge coin award to Kristin Quirk. Faculty award winners were Daniel Smith CRNA (Wilkes), Dr. Foster (Women's), Dr. Traunero (NCBH), and John Krivis CRNA (NCBH).



Notable Firsts

As leaders in nurse anesthesia education, we are often the first to accomplish many things. For example, in 2012, we were the first program in the country to achieve full accreditation by the International Federation of Nurse Anesthetists. This year, we had two notable firsts in relation to NBCRNA re-entry certification. Under the CPC program, there are new requirements for re-entry to the profession for people whose certification has lapsed. The new re-entry requirements include a performance evaluation in a high-fidelity simulation lab. Besides evaluating adequacy of clinical skills and decision-making of these individuals, hopefully hospitals will also be more willing to hire them, knowing that they have demonstrated

not only knowledge, but also clinical performance as part of their recertification process. Since our Lifespan Development program has long included educational programs for people who are re-entering the CRNA role, it was natural for us to pursue becoming an accredited testing site. The process involved extensive development of policies, procedures, and programs to meet the NBCRNA requirements. Being an approved site for MOCA simulation was a great help, as our institution has already achieved simulation site accreditation from another organization. After a two-day site visit in spring of 2016, we became the first program in the country to receive recognition as an approved site by NBCRNA. This

summer, we accepted our first 8 participants. This was a historic moment. High-stakes simulation testing is a challenging endeavor, but given our long history with simulation education, the nurse anesthesia program wanted to be the trailblazers for this new era. We are proud to say that Wake Forest has become the first program ever to use high-fidelity simulation for certification testing in nurse anesthesia. Many thanks to faculty member Kristin Henderson, whose research into multi-disciplinary simulation in 2009 led to her continuous engagement in our simulation program. Kristin was the lead developer of our recognition and administrator of the first simulation testing event.

Alumni Association & Updates

Alumni Association: Our alumni board has been very busy, planning our 75th anniversary celebration and now looking forward to alumni events in the coming year. Please let us know if you would like to support your alumni association by serving on the board. It is a great opportunity to interact with fellow alumni while supporting alumni camaraderie and the success of our students.

Alumni Updates: Please send your job, family, and life updates to napinfo@wakehealth.edu. We would like to share your news in the spring edition.

Sarah Turner ('14) has a new baby Allison Turner Bell, born May 9, 2017. She was also awarded Best in Nursing 2017 at Moses Cone Hospital.

Kristine Horton ('15) is celebrating her 3-year anniversary working for Piedmont Triad Anesthesia. She and her husband welcomed a beautiful baby girl to the world in September, 2016.

Matt Barker ('12) was recognized as the 2016 Clinical Instructor of the year at MidWestern University. He and his wife welcomed their 4th child this past year. Matt has been active in his state association, mentoring RN's through the application process and acceptance to CRNA schools, and sitting on the Government Relations Committee for the Arizona state association. He also serves on his hospital's Advanced Practice Professional committee where he recently completed a comprehensive review and rewrite of CRNA scope of practice.



Get Engaged!

We have many opportunities for you to make a difference in the lives of our students. We can always use CRNAs who are willing to help students with their writing manuscripts. If you are willing to mentor a student's writing project, contact Kristin Henderson at khenders@wakehealth.edu. This would be a good activity to accumulate some (free) Class B CE credits toward your recertification and to

help a student at the same time. Students appreciate writing mentors and capstone mentors. If you have a particular area of expertise, we would love to discuss hosting you in person or virtually to provide a lecture.



Under the CPC program, you can now earn CE credits for these activities! Finally, we appreciate donations to the various scholarship funds, to the global health fund to support international experiences, and the donations which sponsored six student registrations at the AANA meeting this year. <https://www.wakehealth.edu/Giving/CRNA/> Global support link: <http://www.wakehealth.edu/Giving/CRNAGlobalHealth/>

Mentoring Leaders

The Progressive Leadership Award recognizes those alumni who are following in the footsteps of our many accomplished leaders. If you know of an alumnus who has demonstrated some leadership accomplishment, but specifically with a potential for continued growth into larger leadership roles, please consider nominating them. An award committee has been formed and will plan to recognize the first awardee at the alumni meeting next March. You can find the nomination form using this link: <https://www.surveymonkey.com/r/NAPleader>



Clinical Corner

This year, the requirements for certain clinical cases has increased. In particular, the minimum number of regional anesthetics rose from one per category with 25 total, to 10 per category with 35 total. Dr. Cliff Gonzales, our clinical director, has been working diligently to obtain new and expanded practice opportunities for our students. At home, he has negotiated to get students more regional anesthesia experience in some of the sites already in our network. At the renewed rotation at Portsmouth Naval Hospital, students have been finding a great opportunity for regional anesthetics, particularly obstetric epidurals. If you are working in a practice with regional opportunities and you could host students, let's talk about how we could establish a mutually-beneficial relationship.

Global Health Program Milestones

Our global health education program has grown by leaps and bounds since 2006, when we facilitated our first student mission experience. Since

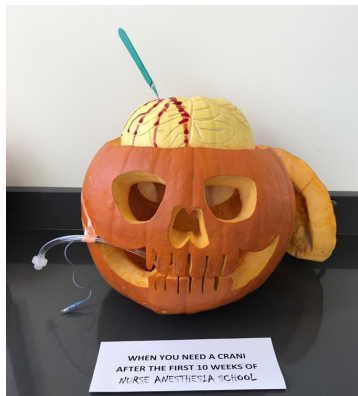
then, we have developed partnerships in 12 countries on 4 continents to facilitate global experiences. In the class of 2016, every student who desired a global experience was able to receive one, and this amounted to 90% of the class. In 2016, Katie Lamb and Chelsey Cobb also became the first graduates to complete our new, 24-month optional certificate program in global health. Katie & Chelsey conducted a well-designed qualitative research project, assessing the motivational factors of CRNAs involved in global health. Their study is going to be published in the AANA Journal, *Understanding Motivations and Barriers of CRNAs Involved in Global Health: A Qualitative Descriptive Study*. They also presented this topic at the NCANA annual meeting. Katie Lamb was also published in the summer edition of the International Student Journal of Nurse Anesthesia. Dr. Rieker also had a publication about the nurse anesthesia program he helped form in Ghana, *Where Are They Now? Evolution of a Nurse Anesthesia Training School in Ghana and a Survey of Graduates*. (Front. Public Health, 13 April 2017)

Nurse Anesthesia Program
525 Vine St., Suite 230
Winston-Salem, NC 27101

Non-Profit Org.
U.S. Postage PAID
Permit No. 154
Winston-Salem, NC



SRNA Pumpkin Carving Contest Winner: "SRNA Crani" by Hollis Wells and Andrea Magri.



SRNA Hunter Botts completing a standardized patient assessment.



Over 100 alumni reunited for the 75th anniversary celebration.



Members of the Class of 2018 celebrating AANA wins together with Dr. Rieker.