M&M: Study examining Muscle Mass and its Role in Side Effects from Chemotherapy and/or Immunotherapy in Older Adults with Colorectal Cancer.

Why should I be in this study?

- Information about your personal experience may help improve the way future patients are treated for colorectal cancer.
- Study activities will be done along with your regular treatment visits. **No additional appointments are needed.**
- You can make a difference for older adults with cancer in the future.

What will I have to do?

- You will keep your regular doctor appointments.
- Around treatment start and again at 3 and 6 months, you will be asked to **complete a survey** and a set of **physical strength tests**.
- There will be **one blood sample** taken for the study around the start of your treatment.
- Your doctor and study team will **watch you for side effects** and record them for the study.
- The CT scans that are part of your regular care will be used by the study to look at **your muscle mass**.

Taking part in this study is your choice. You also can change your mind at any time.
Who will take part in this study?

- Adults age 60 and older who have colorectal cancer that has spread (metastasis)
- Planning to or recently started immunotherapy and/or chemotherapy as treatment for their cancer.
- Able to understand English or Spanish in order to complete study surveys.

What is the cost of taking part in this study?

All costs related directly to the study will be paid for by the study. The costs of your regular medical care are unrelated and fall under your existing coverage.

How can I learn more?

- Visit WF-1806 at cancer.gov or scan QR Code to the right with your smartphone camera. For information about medical facilities where the study is available, scroll down the page to Locations and Contacts
- Call the NCI Cancer Information Service at 1-800-4-CANCER (1-800-422-6237)
- For general cancer information, visit the NCI website at www.cancer.gov