

Lesson 6

Talk About Change

- *Talking About Change: How to Convince Others to Act Safely with Pesticides*
- *Protect Yourself from Pesticides—Guide for Agricultural Workers*
- Video: *El Terror Invisible*
- Video: *How to Control Pests*

LA FAMILIA SANA: PROMOTORA PROGRAM

LESSON PLAN

Pesticide Safety Lesson 6: Talk About Change

By the end of this lesson, participants will be able to:

- Describe at least 3 tools that are useful for convincing others to change their behavior
- Demonstrate in a role play the effective use of tools for convincing others to change their behavior.

Participant materials:

- Brochure: *Talking About Change: How to Convince Others to Act Safely with Pesticides*

Demonstration materials (optional):

- Book: *Protect Yourself from Pesticides*
- Video: *El Terror Invisible*
- Video: *How to Control Pests*

1. Talking about change and pesticide safety.

Assessment

- Thinking about what you have learned in the earlier pesticide safety lessons, how can you make your house safer for your family?
- Have you ever talked with anyone in your household about trying to keep the family safe from pesticides?
- Who would you like to talk to about pesticide safety? What do you want them to do differently?

Activity

- Review *Talking About Change* handout.
- **Role play** each situation below with the participant. Before each role play, brainstorm the best ways to handle each situation.
 - Magdalena's husband works in the fields and she is very concerned about her children being exposed to pesticides. Juan comes into the house, like he usually does, with his work boots and clothes on and sits down in front of the television. He calls their daughter to come give him a hug. What should Magdalena do?
 - Maria's father-in-law lives with her family and works with her husband doing farm work. Her husband always takes off his boots before coming in the house, and keeps his dirty work clothes in a plastic bag on the back porch. Her father-in-law wears his boots into the house and keeps a pile of dirty clothes in the bedroom he shares with Maria's son. What should Maria do?
 - Create a role play situation that is specific to the participant's family and environment.
- Give the DVD with *El Terror Invisible* and *How to Control Pests* presentations to the participant and encourage him/her to share it with other household members and friend.

Reflection

- If someone you knew was exposing your family to pesticides, what would you do to encourage them to change their behavior?

Note: If the participant cannot respond to these questions, please review the lesson again.