

American Indian Mental Health

Mental Illness is a common but unrecognized health condition.

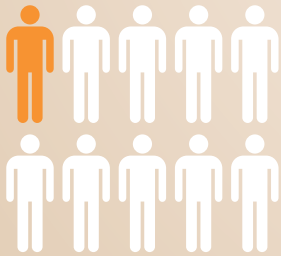


More than **1 out of every 3** AI/ANs in North Carolina (**39%**) have been diagnosed with a mental illness.



Mental Illness is a leading risk factor for suicide.

In North Carolina, **1 out of every 10** AI/AN youths die from suicide **each year**.



Suicide is the **2nd** leading cause of death for AI/AN youth, and the **8th** leading cause of death for all AI/ANs.

2x+ AI/AN youth are more than **TWICE AS LIKELY** to commit suicide than other racial/ethnic groups.

But there is **HOPE**. Mental illness is a treatable health condition.

