



Visitor Information

Directions to the Institute

Richard H. Dean Biomedical Research Bldg, 391 Technology Way, Winston-Salem NC 27101

From the east (Greensboro/Raleigh):

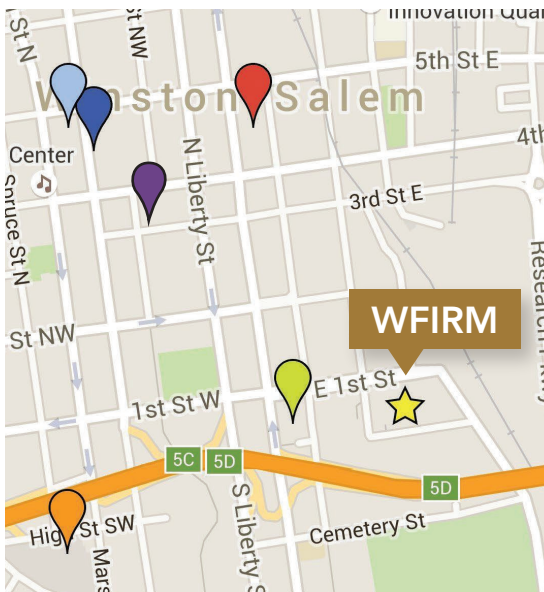
- ▶ Enter Winston-Salem on Interstate 40 Business West. Follow I-40 BUS W/US-421N to Exit 233A for Main St. toward Downtown/First Street. Turn right onto S. Main St., followed by a right on E. First Street. Turn right onto Chestnut St. and turn left at the stop sign, onto Technology Way NE. Visitor parking is the third parking deck entrance on your left.
- ▶ Enter Winston-Salem on Interstate 40 West. Follow I-40W to Peters Creek Parkway Exit 192 and turn left at the bottom of the ramp. Follow Peters Creek Parkway as it changes to Second Street. Turn right on Chestnut St. and turn left onto Technology Way. Visitor parking is the third parking deck entrance on your left.

From the west (Statesville):

- ▶ Enter Winston-Salem on Interstate 40 Business East. Follow I-40 BUS E/US-421S to I-40 East towards Greensboro, using the right two lanes. Take exit 193B to merge onto NC-52N toward Mount Airy. From US-52 N, take the S. Research Parkway exit and keep left at the fork. Follow Research Parkway and turn left onto City Yard Dr. At the traffic circle, take the first exit onto E. Salem Ave. Turn left onto Technology Way NE. Visitor parking is the first parking deck entrance on your right.
- ▶ Enter Winston-Salem on Interstate 40 East. Follow I-40E to Peters Creek Parkway Exit 192 and turn left at the bottom of the ramp. Follow Peters Creek Parkway as it changes to Second Street. Turn right on Chestnut St. and turn left onto Technology Way. Visitor parking is the third parking deck entrance on your left.

Press the red intercom button and let security know you are a visitor to the Institute. The entrance to WFIRM is to the right of the parking deck. A staff member will meet you in the lobby and help you sign-in.

Hotels Near the Institute



-  The Cardinal Hotel (a Kimpton property)
336-724-5599
-  Fairfield Inn & Suites by Marriott
336-714-2800
-  Winston-Salem Marriott
800-770-5675
-  Embassy Suites by Hilton
336-724-2300
-  Hawthorne Inn and Conference Center
877-777-3099
-  Hotel Indigo
336-722-0720

Stay An Extra Day: Places To Visit

Old Salem Museums and Gardens

900 Old Salem Rd., Winston-Salem, NC
www.oldsalem.org

In the middle of bustling downtown Winston-Salem, you are steps away from the quieter place of the 18th-century Moravian village of Old Salem Museums and Gardens. Enjoy a self-guided walking tour of the historic town. Don't miss a meal at the Tavern or Moravian sugar cake at Winkler Bakery.



Old Salem

Reynolda House Museum of American Art

2250 Reynolda Rd., Winston-Salem, NC
www.reynoldahouse.org

As one considers great homes of the South, few possess more personal appeal than Reynolda House Museum of American Art. Its stellar collections of American art, decorative arts and costumes transport visitors into the era of the early 20th century. Nearby Reynolda Village offers shops and restaurants.



Reynolda House

Downtown Arts District & Shopping

400-700 Trade St., Winston-Salem, NC (and surrounding areas)
www.dadaws.org

Downtown/Trade Street District has restaurants, retail shops, residences, business offices, and more located in this eclectic area of downtown between 5th and 7th Streets on Trade Street. Many businesses are housed in historic buildings that are characteristic to Winston-Salem's past and present.

For additional ideas visit www.visitwinstonsalem.com.

Stay An Extra Day: Places To Eat

Old Salem Muddy Creek Cafe - American
137 West Street
Winston-Salem, NC
(336) 201-5182

Quanto Basta - Italian
680 West 4th St.,
Winston-Salem, NC
336-893-6144



Quanto Basta Chicken Marsala

Winkler Bakery - Baked Goods
521 South Main St.,
Winston-Salem, NC
336-721-7302

Krankies - Coffee & Food
211 East 3rd St.,
Winston-Salem, NC
336-722-3016

Sweet Potatoes - Southern
529 Trade St.,
Winston-Salem, NC
336-727-4844

Famous Toastery - Breakfast
770 Liberty View Ct.
Winston-Salem, NC
336-306-9023



Bibs Downtown BBQ plate

Bib's Downtown - Barbeque
675 West 5th St.,
Winston-Salem, NC
336-722-0007

Willow's Bistro - American
300 South Liberty Ct.,
Winston-Salem, NC
336-293-4601