

5 Early Signs & Symptoms of Alzheimer's Disease

#1

MEMORY LOSS:

Memory loss, such as forgetting important dates or asking for information to be repeated again and again, is the most common warning sign of Alzheimer's disease. This is especially true if forgetfulness is uncharacteristic.

#2

DIFFICULTY COMPLETING TASKS:

As a person develops Alzheimer's, they may have difficulty completing everyday tasks, like forgetting how to use the computer or how to get to a familiar place.

#3

LOSING TRACK OF TIME OR LOCATION:

People with Alzheimer's may put everyday items in unusual places and then be unable find them by retracing their steps. This can be a typical age-related behavior, but if it occurs with frequency, it may be a warning sign.

#4

WITHDRAWAL FROM WORK OR SOCIAL ACTIVITIES:

Withdrawing from hobbies, social activities or work projects could be an early sign of the disease. While this is not an uncommon age-related behavior, severe withdrawal swings may be a warning sign.

#5

CHANGES IN MOOD AND PERSONALITY:

People may become confused, suspicious, depressed or fearful when suffering from Alzheimer's, which can lead to them becoming easily upset at home, at work or with friends.

If you notice any of these early signs or symptoms of Alzheimer's disease in yourself or someone you know, schedule a doctor's appointment.

To learn about the latest Alzheimer's disease research, treatments and clinical trials call the Neurosciences Institute at 1-800-821-1535

(source: ALZ.Org)



Atrium Health