



Illnesses from mosquito, tick and flea bites tripled between 2004 and 2016, with 27,388 reported in 2004 and 96,075 in 2016.

Source: cdc.gov



The number of vector-borne diseases analyzed by the CDC, including viruses like West Nile, Dengue and Zika.



How many hours it can take for a tick to become fully engorged on its victim's blood.

#### There are more than 20 tick species in North Carolina. These are the 5 types that are most likely to bite people:

- Lone star tick, which accounts for more than 75 percent of all bites
- American dog tick
- Brown dog tick
- Deer tick, or black-legged tick
- Gulf coast tick



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### Be aware.

Ticks are more active in warmer weather, but tick season can start as early as February and last unti season can start as early as February and last until October, with a peak in May.



## Get treatment.

Know what to do and where to seek treatment if you're bitten. Here are a few of your options: CarolinasHealthCare.org/Medical-Services/Get-Care-Now



# Watch for symptoms of tick-related illness:

Fever/chills, aches and pains, headache, fatigue, muscle aches, rash or even joint pain



If your symptoms get worse, consider going to an urgent care, or if they're more severe, to the emergency department.

If you develop a rash, take pictures and use a ruler to measure the size. This will help you track any changes.

