

ATV Safety Tips

The American Academy of Pediatrics recommends children under the age of 16 **NOT** be allowed to operate off-road vehicles like All-Terrain Vehicles (ATVs).

Follow these safety tips for riding an ATV or, for children older than 16, driving an ATV.

- Always wear a properly-fitted ATV helmet.
- ATVs are not toys. Following precautions and being a smart rider can lessen the risk of injury to you and your child.
- ATVs are unstable vehicles with a high center of gravity, so being cautious is important.
- ATVs should only be used according to age and engine size. For example:
 - ✓ Children ages 8 to 11 may only operate an ATV with an engine size of less than 70 cubic centimeters.
 - ✓ Children ages 12 to 15 may only operate ATVs with an engine size of less than 90 cubic centimeters.
 - ✓ Regardless of engine size, ALL children under 16 must be supervised by an adult while operating an ATV.

- No child under the age of 8 years old can operate an ATV in NC.
- ATVs can go up to 30-50 miles per hour, making them very unsafe for children.
- ALWAYS follow the manufacturer's minimum-age recommendation warning label on the ATV.

ATV Checklist

A child may be the recommended age to ride a certain size ATV. However, be aware that not all children have the strength, skills or judgement needed to safely operate an ATV.



All ATV operators should take a hands-on safety course.



Always check tire pressure as well as oil and fuel levels before each use.



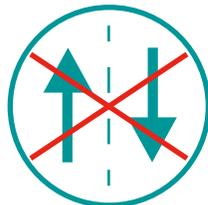
Only ride an ATV that is right for your age.



Avoid paved surfaces.



Wear a helmet that meets or exceeds your state's safety standards.



Never ride on public streets, roads or highways.



Wear proper face protection like a full-face helmet with face shield or goggles.



Never carry a passenger on a single-rider ATV.



Wear protective clothing such as off-highway-style gloves, over-the-ankle boots, long-sleeved shirts and long pants.



Always carry an emergency kit and tool kit with you.

Approved by Atrium Health Levine Children's Pediatric Patient Education Committee, November 2021.

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CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-821-1535.