

Available for Physicians & ACPs seeking help, support and information

# 24/7 SUPPORT

704-444-5877

#### Behavioral Health Assistance

Access urgent attention to your personal mental health needs.

## Employee Assistance Program (EAP)

Connect with professional counselors to address mental health, marital, financial & family troubles as well as substance use challenges.

#### Chaplain Services

Speak with a chaplain to receive compassionate spiritual and emotional support, available for people of all faiths to assist you in your time of need.

### Peer to Peer Support Program

Difficult clinical events happen to all clinicians at some point in their careers. Speak to a volunteer, trained physician or ACP to experience support during a difficult time.

## NC Physician Health Program (NCPHP)

Connect with experts in care of substance use disorders, mental health issues, burnout, communication problems and more.